Edgar Filing: Chefs' Warehouse, Inc. - Form 4

Chefs' Wareh	nouse, Inc.												
Form 4													
February 22,	2016												
FORM A										PPROVAL			
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287					
Check this box if no longer subject to Section 16. Form 4 or				IANGES IN BENEFICIAL OWNERSHIP O SECURITIES						Expires: January 31 2005 Estimated average burden hours per response 0.5			
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section	17(a) of the		ility H	oldi	ing Com	pany	Act o	ge Act of 1934, f 1935 or Sectio 40	n			
(Print or Type F	Responses)												
1. Name and Address of Reporting Person <u>*</u> O'Dowd Frank			Symbol	2. Issuer Name and Ticker or Trading Symbol Chefs' Warehouse, Inc. [CHEF]					5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First)	(Middle)				_	-	'	(Chec	ck all applicable	e)		
100 EAST F	(Month/D	3. Date of Earliest Transaction (Month/Day/Year)02/19/2016					Director 10% Owner Officer (give title Other (specify below) Director Other (specify below) Chief Information Officer						
				lf Amendment, Date Original ed(Month/Day/Year)					6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person				
RIDGEFIEI	LD, CT 06877	7							Form filed by N Person				
(City)	(State)	(Zip)	Table	e I - Nor	1-De	erivative S	Securi	ties Ac	quired, Disposed of	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)		2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price)	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock	02/19/2016			S		7,500	D		144,823	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address			Relationships	
	Director	10% Owner	Officer	Other
O'Dowd Frank 100 EAST RIDGE ROAD RIDGEFIELD, CT 06877			Chief Information Officer	
Signatures				
/s/ Alexandros Aldous, Attorne O'Dowd	for Frank	02/19/2016		
<u>**</u> Signature of Reporti	ng Person		Date	
- I II (D				

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.