

Form

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Common Stock; \$.10 par value 6,000 \$ 0 13,693 (1) (2) D

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
SCHMITZ WILLIAM A 2000 TECHNOLOGY PARKWAY NEWARK, NY 14513			Chief Operating Officer	

Signatures

/s/Peter F. Comerford; attorney-in-fact for William A. Schmitz

01/05/2007

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This options vest as follows: 10,000 shares on 11/16/05 and 10,000 shares on 11/16/06.

(2) This option was exercised and the resulting shares sold pursuant to a Rule 10b5-1 trading plan entered into on 12/12/06.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.