GARNEAU ROBERT M

Form 4

August 22, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

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OMB APPROVAL

response...

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * GARNEAU ROBERT M

47 BITTERSWEET LANE

2. Issuer Name and Ticker or Trading

Symbol

KAMAN CORP [KAMNA]

5. Relationship of Reporting Person(s) to Issuer

(Last) (First) (Middle) 3. Date of Earliest Transaction

(Month/Day/Year)

Director 10% Owner

(Check all applicable)

X_ Officer (give title 08/22/2005 below)

Other (specify Executive VP and CFO

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

SOUTH

GLASTONBURY, CT 060730000

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired (A) our Disposed of (D) (Instr. 3, 4 and 5) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Kaman Class A Common	08/22/2005		Code V M	Amount 10,000	(D)	Price \$ 10.3125	86,305.68	D	
Kaman Class A Common	08/22/2005		M	10,000	A	\$ 13.25	96,305.68	D	
Kaman Class A Common	08/22/2005		M	16,200	A	\$ 14.5	112,505.68	D	
Kaman	08/22/2005		M	10,000	A	\$	122,505.68	D	

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Class A Common					16.3125		
Kaman Class A Common	08/22/2005	F	36,418	D	\$ 20.9	86,087.68	D
Kaman Class B Common						24,404	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights (SAR)	\$ 9.9	08/22/2005		M		20,400	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	20,400
Stock Appreciation Rights (SAR)	\$ 10.3125	08/22/2005		M		30,000	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	30,000
Stock Appreciation Rights (SAR)	\$ 13.25	08/22/2005		M		25,000	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	25,000
Stock Appreciation Rights (SAR)	\$ 14.5	08/22/2005		M		47,400	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	47,400
Stock Appreciation Rights (SAR)	\$ 16.3125	08/22/2005		M		32,000	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	32,000
Stock Appreciation Rights (SAR)	\$ 17	08/22/2005		M		12,500	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	12,500

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Stock Options (Right to buy)	\$ 11.495				<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	30,000
Stock Options (Right to buy)	\$ 10.3125	08/22/2005	М	10,000	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	10,000
Stock Options (Right to buy)	\$ 13.25	08/22/2005	М	10,000	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	10,000
Stock Options (Right to buy)	\$ 14.5	08/22/2005	М	16,200	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	16,200
Stock Options (Right to buy)	\$ 16.3125	08/22/2005	М	10,000	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	10,000
Stock Options (Right to buy)	\$ 17	08/22/2005	М	7,500	<u>(1)</u>	<u>(1)</u>	Kaman Class A Common	7,500

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

GARNEAU ROBERT M 47 BITTERSWEET LANE SOUTH GLASTONBURY, CT 060730000

Executive VP and CFO

Signatures

Robert M
Garneau

**Signature of Reporting Person

Robert M
08/22/2005

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Exercisable at the rate of 20% per year, beginning one year after grant date; expires ten (10) years after grant. All options and stock appreciation rights are issued under the Corporation's 16b-3 qualified Stock Incentive Plan, including options issued under predecessor plan. The Plans include a feature which permits the exercise price for an option to be paid by withholding a portion of the shares otherwise issuable upon exercise.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 3

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