MFS INTERMEDIATE HIGH INCOME FUND Form N-Q October 20, 2016

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM N-Q

QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF

REGISTERED MANAGEMENT INVESTMENT COMPANIES

Investment Company Act file number 811-5567

MFS INTERMEDIATE HIGH INCOME FUND

(Exact name of registrant as specified in charter)

111 Huntington Avenue, Boston, Massachusetts 02199

(Address of principal executive offices) (Zip code)

Kristin V. Collins

Massachusetts Financial Services Company

111 Huntington Avenue

Boston, Massachusetts 02199

(Name and address of agents for service)

Registrant s telephone number, including area code: (617) 954-5000

Date of fiscal year end: November 30

Date of reporting period: August 31, 2016

ITEM 1. SCHEDULE OF INVESTMENTS.

QUARTERLY REPORT

August 31, 2016

MFS® INTERMEDIATE HIGH INCOME FUND

PORTFOLIO OF INVESTMENTS

8/31/16 (unaudited)

The Portfolio of Investments is a complete list of all securities owned by your fund. It is categorized by broad-based asset classes.

Issuer	Shares/Pa	ar Value (\$)
Bonds - 127.7%		
Aerospace - 1.1%		
CPI International, Inc., 8.75%, 2/15/2018	\$ 290,00	00 \$ 294,320
TransDigm, Inc., 6%, 7/15/2022	55,00	00 57,200
TransDigm, Inc., 6.5%, 7/15/2024	265,00	00 274,938
		\$ 626,458
Asset-Backed & Securitized - 0.0%		
Citigroup Commercial Mortgage Trust, FRN, 5.9%, 12/10/2049	\$ 275,00	00 \$ 22,381
Automotive - 2.6%		
Accuride Corp., 9.5%, 8/01/2018	\$ 240,00	00 \$ 229,200
Gates Global LLC, 6%, 7/15/2022 (n)	145,00	00 137,750
Lear Corp., 4.75%, 1/15/2023	250,00	00 260,625
Schaeffler Finance B.V., 4.75%, 5/15/2021 (n)	200,00	00 207,000
Schaeffler Holding Finance B.V., 6.25%, 11/15/2019 (n)(p)	200,00	00 207,500
ZF North America Capital, Inc., 4.5%, 4/29/2022 (n)	300,00	00 317,250
ZF North America Capital, Inc., 4.75%, 4/29/2025 (n)	150,00	00 159,188
		¢ 1 510 512
Broadcasting - 3.3%		\$ 1,518,513
AMC Networks, Inc., 5%, 4/01/2024	\$ 205,00	00 \$ 210,125
Clear Channel Worldwide Holdings, Inc., A , 6.5%, 11/15/2022	85,00	
Clear Channel Worldwide Holdings, Inc., B , 6.5%, 11/15/2022	240,00	
iHeartMedia, Inc., 9%, 3/01/2021	258,00	
Liberty Media Corp., 8.5%, 7/15/2029	250,00	
Liberty Media Corp., 8.25%, 2/01/2030	10,00	
Match Group, Inc., 6.375%, 6/01/2024	150,00	
Netflix, Inc., 5.375%, 2/01/2021	250,00	
Netflix, Inc., 5.875%, 2/15/2025	145,00	
Nexstar Broadcasting, Inc., 6.875%, 11/15/2020	290,00	,
D.:113: A 40/		\$ 1,919,694
Building - 4.4% Allegion PLC, 5.875%, 9/15/2023	\$ 117,00	00 \$ 126,360
	380,00	
Allegion U.S. Holding Co., Inc., 5.75%, 10/01/2021 Beacon Roofing Supply, Inc., 6.375%, 10/01/2023	230,00	
Gibraltar Industries, Inc., 6.25%, 2/01/2021	250,00	· · · · · · · · · · · · · · · · · · ·
HD Supply, Inc., 7.5%, 7/15/2020	280,00	
	165,00	
HD Supply, Inc., 5.75%, 4/15/2024 (n) PaiSo Acquisition Corp. 0% 5/15/2022 (n)	250,00	
PriSo Acquisition Corp., 9%, 5/15/2023 (n) Standard Industries, Inc., 5.375%, 11/15/2024 (n)	380,00	
Standard Industries, Inc., 5.3/3%, 11/13/2024 (II) Standard Industries, Inc., 6%, 10/15/2025 (n)	155,00	
Summit Materials LLC/Summit Materials Finance Co., 6.125%, 7/15/2023	285,00	·
	,	
Purious Comings 2 000		\$ 2,606,104
Business Services - 2.0%	d 100.0	00 # 107.600
Equinix, Inc., 4.875%, 4/01/2020	\$ 190,00	
Equinix, Inc., 5.375%, 1/01/2022	70,00	
Equinix, Inc., 5.375%, 4/01/2023	240,00	
Iron Mountain, Inc., REIT, 6%, 10/01/2020 (n)	120,00	
Iron Mountain, Inc., REIT, 6%, 8/15/2023	320,00	
NeuStar, Inc., 4.5%, 1/15/2023	225,00	201,375
		\$ 1,196,644
		+ -,170,071

Issuer	Shares/Par	Value (\$)
Bonds - continued		
Cable TV - 7.5%		
Altice Financing S.A., 6.625%, 2/15/2023 (n)	\$ 480,000	\$ 499,800
CCO Holdings LLC/CCO Holdings Capital Corp., 5.125%, 5/01/2023 (n)	260,000	273,569
CCO Holdings LLC/CCO Holdings Capital Corp., 5.75%, 1/15/2024	320,000	340,400
CCO Holdings LLC/CCO Holdings Capital Corp., 5.375%, 5/01/2025 (n)	80,000	84,300
CCO Holdings LLC/CCO Holdings Capital Corp., 5.75%, 2/15/2026 (n)	125,000	133,750
Cequel Communications Holdings, 6.375%, 9/15/2020 (n)	275,000	284,281
DISH DBS Corp., 5%, 3/15/2023	190,000	182,894
DISH DBS Corp., 5.875%, 11/15/2024	370,000	364,913
Intelsat Jackson Holdings S.A., 7.25%, 4/01/2019	125,000	100,156
Intelsat Jackson Holdings S.A., 5.5%, 8/01/2023	150,000	102,375
Intelsat Jackson Holdings S.A., 8%, 2/15/2024 (n)	65,000	65,244
Intelsat Luxembourg S.A., 8.125%, 6/01/2023	155,000	45,919
LGE Holdco VI B.V., 7.125%, 5/15/2024 (n)	EUR 135,000	170,538
Neptune Finco Corp., 10.875%, 10/15/2025 (n)	\$ 200,000	234,500
Sirius XM Radio, Inc., 5.875%, 10/01/2020 (n)	30,000	30,975
Sirius XM Radio, Inc., 4.625%, 5/15/2023 (n)	125,000	126,406
Sirius XM Radio, Inc., 6%, 7/15/2024 (n)	290,000	311,388
Sirius XM Radio, Inc., 5.375%, 4/15/2025 (n)	165,000	172,838
Unitymedia Hessen, 5.5%, 1/15/2023 (n)	250,000	263,125
Virgin Media Finance PLC, 5.75%, 1/15/2025 (n)	200,000	203,500
Virgin Media Secured Finance PLC, 5.375%, 4/15/2021 (n)	180,000	187,200
Ziggo Bond Finance B.V., 5.875%, 1/15/2025 (n)	200,000	201,000
		\$ 4,379,071
Chemicals - 3.1%		
Axalta Coating Systems Co., 4.875%, 8/15/2024 (n)	\$ 150,000	\$ 156,375
Chemours Co., 6.625%, 5/15/2023	190,000	182,400
GCP Applied Technologies Co., 9.5%, 2/01/2023 (n)	205,000	234,725
Hexion U.S. Finance Corp., 6.625%, 4/15/2020	130,000	112,694
Hexion U.S. Finance Corp./Hexion Nova Scotia Finance, 8.875%, 2/01/2018	240,000	224,400
Momentive Performance Materials, Inc., 3.88%, 10/24/2021	165,000	136,364
Tronox Finance LLC, 6.375%, 8/15/2020	330,000	298,650
Tronox Finance LLC, 7.5%, 3/15/2022 (n)	245,000	219,888
W.R. Grace & Co., 5.125%, 10/01/2021 (n)	245,000	260,925
		Φ 1 02 C 121
Computer Software 1 20/		\$ 1,826,421
Computer Software - 1.2% Diamond 1 Finance Corp./Diamond 2 Finance Corp., 5.875%, 6/15/2021 (n)	\$ 90,000	\$ 95,161
Diamond 1 Finance Corp./Diamond 2 Finance Corp., 8.1%, 7/15/2036 (n)	235,000	272,987
VeriSign, Inc., 4.625%, 5/01/2023	330,000	337,425
		d 705 573
Commutan Cafturana Sustana 170/		\$ 705,573
Computer Software - Systems - 1.7%	¢ 140,000	\$ 150,325
CDW LLC/CDW Finance Corp., 6%, 8/15/2022	\$ 140,000 125,000	
CDW LLC/CDW Finance Corp., 5.5%, 12/01/2024	125,000	133,963
Sabre GLBL, Inc., 5.375%, 4/15/2023 (n)	415,000	429,006
Western Digital Corp., 10.5%, 4/01/2024 (n)	235,000	265,550
		\$ 978,844
Conglomerates - 4.1%		
Amsted Industries Co., 5%, 3/15/2022 (n)	\$ 495,000	\$ 502,425
Apex Tool Group, 7%, 2/01/2021 (n)	315,000	297,675
EnerSys, 5%, 4/30/2023 (n)	455,000	453,863
Enpro Industries, Inc., 5.875%, 9/15/2022	305,000	314,913
Entegris, Inc., 6%, 4/01/2022 (n)	345,000	358,800

Issuer	S	hares/Par	,	Value (\$)
Bonds - continued				
Conglomerates - continued				
Renaissance Acquisition, 6.875%, 8/15/2021 (n)	\$	350,000	\$	322,875
SPX FLOW, Inc., 5.625%, 8/15/2024 (n)		170,000		174,675
			\$ 2	2,425,226
Construction - 0.1%				
Empresas ICA S.A.B. de C.V., 8.9%, 2/04/2021 (a)(d)	\$	135,000	\$	24,638
Consumer Products - 1.6%				
NBTY, Inc., 7.625%, 5/15/2021 (n)	\$	255,000	\$	260,738
Prestige Brands, Inc., 5.375%, 12/15/2021 (n)		230,000		238,338
Spectrum Brands, Inc., 6.375%, 11/15/2020		170,000		176,588
Spectrum Brands, Inc., 6.125%, 12/15/2024		40,000		43,150
Spectrum Brands, Inc., 5.75%, 7/15/2025		185,000		200,494
		,		,
			\$	919,308
Consumer Services - 3.8%				
ADT Corp., 6.25%, 10/15/2021	\$	510,000	\$	558,450
ADT Corp., 4.125%, 6/15/2023		85,000		83,300
Garda World Security Corp., 7.25%, 11/15/2021 (n)		155,000		141,438
Garda World Security Corp., 7.25%, 11/15/2021 (n)		225,000		205,313
Interval Acquisition Corp., 5.625%, 4/15/2023		460,000		476,100
Mobile Mini, Inc., 5.875%, 7/01/2024		275,000		286,000
Monitronics International, Inc., 9.125%, 4/01/2020		300,000		277,500
Service Corp. International, 5.375%, 5/15/2024		190,000		203,775
Containers - 5.7% Ball Corp., 5%, 3/15/2022	\$	250,000		2,231,876
Berry Plastics Group, Inc., 5.5%, 5/15/2022	Ф	335,000	ф	348,400
Berry Plastics Group, Inc., 6%, 10/15/2022		165,000		174,900
		326,000		340,670
Crown American LLC, 4.5%, 1/15/2023				,
Multi-Color Corp., 6.125%, 12/01/2022 (n)		320,000		334,000
Plastipak Holdings, Inc., 6.5%, 10/01/2021 (n)		261,000 130,000		271,440
Reynolds Group, 5.75%, 10/15/2020				134,063
Reynolds Group, 8.25%, 2/15/2021		510,000		530,400
Reynolds Group, 5.125%, 7/15/2023 (n)		130,000		134,875
Reynolds Group, 7%, 7/15/2024 (n)		15,000 335,000		16,069
Sealed Air Corp., 4.875%, 12/01/2022 (n) Sealed Air Corp., 5.125%, 12/01/2024 (n)		95.000		351,750 101,650
Signode Industrial Group, 6.375%, 5/01/2022 (n)		345,000		351,900
Signode industrial Group, 0.575 //, 5/01/2022 (ii)		343,000		331,900
			\$ 3	3,360,117
Electronics - 2.4%				
Advanced Micro Devices, Inc., 6.75%, 3/01/2019	\$	140,000	\$	140,700
Advanced Micro Devices, Inc., 7%, 7/01/2024		140,000		128,800
Micron Technology, Inc., 5.875%, 2/15/2022		155,000		156,550
Micron Technology, Inc., 5.5%, 2/01/2025		205,000		198,594
NXP B.V., 5.75%, 2/15/2021 (n)		200,000		208,500
NXP B.V./NXP Funding LLC, 5.75%, 3/15/2023 (n)		245,000		260,800
Sensata Technologies B.V., 5.625%, 11/01/2024 (n)		155,000		164,300
Sensata Technologies B.V., 5%, 10/01/2025 (n)		170,000		175,950
			\$ 1	,434,194
Energy - Independent - 6.8%		020.000		104.650
Bonanza Creek Energy, Inc., 6.75%, 4/15/2021	\$	230,000	\$	104,650
Carrizo Oil & Gas, Inc., 6.25%, 4/15/2023		160,000		158,000

Issuer	SI	nares/Par	,	Value (\$)
Bonds - continued				
Energy - Independent - continued				
Chaparral Energy, Inc., 7.625%, 11/15/2022 (a)(d)	\$	260,000	\$	163,800
Concho Resources, Inc., 5.5%, 4/01/2023		285,000		294,263
Consol Energy, Inc., 5.875%, 4/15/2022		120,000		108,600
Consol Energy, Inc., 8%, 4/01/2023		295,000		287,625
Continental Resources, Inc., 4.5%, 4/15/2023		305,000		287,463
Oasis Petroleum, Inc., 6.875%, 3/15/2022		290,000		269,700
QEP Resources, Inc., 5.25%, 5/01/2023		505,000		494,900
Range Resources Corp., 4.875%, 5/15/2025		190,000		183,350
Rice Energy, Inc., 7.25%, 5/01/2023		155,000		161,975
RSP Permian, Inc., 6.625%, 10/01/2022		260,000		270,400
Sanchez Energy Corp., 6.125%, 1/15/2023		335,000		264,650
Seven Generations Energy, 8.25%, 5/15/2020 (n)		75,000		79,781
SM Energy Co., 6.5%, 11/15/2021		295,000		292,050
SM Energy Co., 6.125%, 11/15/2022 Whiting Patrologue Corn. 6.25% 4/01/2022		140,000		136,150
Whiting Petroleum Corp., 6.25%, 4/01/2023		190,000		166,250
WPX Energy, Inc., 6%, 1/15/2022		255,000		247,988
			ф.	0.071.505
Energy - Integrated - 0.5%			Э.	3,971,595
Cenovus Energy, Inc., 6.75%, 11/15/2039	¢	157,000	\$	167,634
Cenovus Energy, Inc., 4.45%, 9/15/2042	Ψ	125,000	Ψ	101,755
Cenovus Energy, Inc., 4.45 /0, 7/13/2042		123,000		101,733
			\$	269,389
Entertainment - 1.8%			Ψ	207,307
Cedar Fair LP, 5.25%, 3/15/2021	\$	260,000	\$	269,750
Cedar Fair LP, 5.375%, 6/01/2024	Ψ	95,000	Ψ	100,463
Cinemark USA, Inc., 5.125%, 12/15/2022		165,000		170,775
Cinemark USA, Inc., 4.875%, 6/01/2023		190,000		194,750
Six Flags Entertainment Corp., 5.25%, 1/15/2021 (n)		320,000		331,200
		•		
			\$ 1	1,066,938
Financial Institutions - 6.9%			Ψ.	1,000,230
Aircastle Ltd., 4.625%, 12/15/2018	\$	175,000	\$	183,094
Aircastle Ltd., 5.125%, 3/15/2021		125,000		135,625
Aircastle Ltd., 5.5%, 2/15/2022		235,000		255,269
CIT Group, Inc., 6.625%, 4/01/2018 (n)		319,000		339,895
CIT Group, Inc., 5.5%, 2/15/2019 (n)		340,000		359,975
CIT Group, Inc., 5%, 8/15/2022		155,000		164,300
Credit Acceptance Corp., 6.125%, 2/15/2021		26,000		26,130
Credit Acceptance Corp., 7.375%, 3/15/2023		260,000		265,200
Icahn Enterprises LP, 6%, 8/01/2020		245,000		235,506
Icahn Enterprises LP, 5.875%, 2/01/2022		290,000		270,788
Nationstar Mortgage LLC/Capital Corp., 6.5%, 8/01/2018		175,000		174,563
Nationstar Mortgage LLC/Capital Corp., 7.875%, 10/01/2020		520,000		523,900
Nationstar Mortgage LLC/Capital Corp., 6.5%, 7/01/2021		60,000		57,150
Navient Corp., 8%, 3/25/2020		515,000		558,775
Navient Corp., 5.875%, 3/25/2021		100,000		101,375
Navient Corp., 7.25%, 1/25/2022		300,000		311,625
Navient Corp., 6.125%, 3/25/2024		105,000		100,800
			\$ 4	1,063,970
Food & Beverages - 2.1%	4	100.000	_	100.700
Darling Ingredients, Inc., 5.375%, 1/15/2022	\$	190,000	\$	199,500
JBS USA LLC/JBS USA Finance, Inc., 5.875%, 7/15/2024 (n)		185,000		191,013
Pinnacle Foods Finance LLC/Pinnacle Foods Finance Corp., 5.875%, 1/15/2024 (n)		225,000		242,438

Issuer	Sl	ares/Par	,	Value (\$)
Bonds - continued				
Food & Beverages - continued				
Sun Merger Sub, Inc., 5.875%, 8/01/2021 (n)	\$	315,000	\$	329,175
U.S. Foods Holding Corp., 5.875%, 6/15/2024 (n)		275,000		288,063
			\$ 1	1,250,189
Forest & Paper Products - 0.3%				
Appvion, Inc., 9%, 6/01/2020 (n)	\$	175,000	\$	112,000
Tembec Industries, Inc., 9%, 12/15/2019 (n)		53,000		41,340
			\$	153,340
Gaming & Lodging - 4.5%	ф	255.000	Φ.	267 121
CCM Merger, Inc., 9.125%, 5/01/2019 (n)	\$	255,000	\$	267,431
GLP Capital LP/GLP Financing II, Inc., 5.375%, 11/01/2023		265,000		290,175
GLP Capital LP/GLP Financing II, Inc., 5.375%, 4/15/2026		40,000		43,700
Greektown Holdings LLC, 8.875%, 3/15/2019 (n)		285,000		300,675
Hilton Worldwide Finance LLC/Hilton Worldwide Finance Corp., 5.625%, 10/15/2021		415,000		429,287
Isle of Capri Casinos, Inc., 8.875%, 6/15/2020		80,000		83,900
Isle of Capri Casinos, Inc., 5.875%, 3/15/2021		325,000		339,219
MGM Resorts International, 6.625%, 12/15/2021		180,000		202,050
MGM Resorts International, 6%, 3/15/2023		285,000		309,396
Ryman Hospitality Properties, Inc., REIT, 5%, 4/15/2021		305,000		314,913
Ryman Hospitality Properties, Inc., REIT, 5%, 4/15/2023		80,000		81,400
			\$ 1	2,662,146
Industrial - 1.4%			Ψ 4	2,002,140
Dematic S.A., 7.75%, 12/15/2020 (n)	\$	385,000	\$	401,844
Howard Hughes Corp., 6.875%, 10/01/2021 (n)		375,000		393,750
		ĺ		ĺ
			\$	795,594
Insurance - Health - 0.4%				
Centene Corp., 5.625%, 2/15/2021	\$	115,000	\$	122,331
Centene Corp., 6.125%, 2/15/2024		115,000		125,350
N. 11. 0 m 1 00%			\$	247,681
Machinery & Tools - 2.3%	ď	265,000	¢.	270 501
Ashtead Capital, Inc., 5.625%, 10/01/2024 (n)	\$	265,000	•	278,581
CNH Industrial Capital LLC, 4.375%, 11/06/2020		395,000 160,000		415,244 162,400
CNH Industrial N.V., 4.5%, 8/15/2023 H&E Equipment Services Co., 7%, 9/01/2022		370,000		390,350
Light Tower Rentals, Inc., 8.125%, 8/01/2019 (a)(d)(n)		200,000		95,000
Eight Tower Rendals, Inc., 6.125 /c, 6/01/2017 (d)(d)(l)		200,000		73,000
			\$ 1	1,341,575
Major Banks - 2.4%				
Bank of America Corp., FRN, 6.1%, 12/29/2049	\$	670,000	\$	704,338
Bank of America Corp., FRN, 6.3%, 12/29/2049		100,000		109,250
JPMorgan Chase & Co., 6% to 8/01/2023, FRN to 12/29/2049		405,000		426,951
Royal Bank of Scotland Group PLC, 7.5% to 8/10/2020, FRN to 12/29/2049		200,000		189,500
			φ.	1 420 020
Medical & Health Technology & Services - 8.4%			\$ 1	1,430,039
AmSurg Corp., 5.625%, 7/15/2022	\$	265,000	\$	273,613
CHS/Community Health Systems, Inc., 6.875%, 2/01/2022	φ	610,000	Ψ	506,300
Davita Healthcare Partners, Inc., 5%, 5/01/2025		235,000		238,173
Davita, Inc., 5.125%, 7/15/2024		185,000		191,013
HCA, Inc., 4.25%, 10/15/2019		185,000		194,019
HCA, Inc., 7.5%, 2/15/2022		380,000		433,200
HCA, Inc., 5.875%, 3/15/2022		480,000		528,000
,,		100,000		320,000

Issuer	Sha	ares/Par	7	Value (\$)
Bonds - continued				
Medical & Health Technology & Services - continued				
HCA, Inc., 5%, 3/15/2024	\$	160,000	\$	169,600
HCA, Inc., 5.375%, 2/01/2025		125,000		128,750
HCA, Inc., 5.875%, 2/15/2026		130,000		137,475
HealthSouth Corp., 5.125%, 3/15/2023		305,000		308,813
HealthSouth Corp., 5.75%, 11/01/2024		150,000		155,550
MEDNAX, Inc., 5.25%, 12/01/2023 (z)		215,000		226,288
Quorum Health Corp., 11.625%, 4/15/2023 (n)		200,000		169,500
Tenet Healthcare Corp., 8%, 8/01/2020		480,000		487,800
Tenet Healthcare Corp., 8.125%, 4/01/2022		335,000		339,188
Tenet Healthcare Corp., 6.75%, 6/15/2023		170,000		161,713
Universal Health Services, Inc., 7.625%, 8/15/2020		315,000		301,613
		,,,,,,		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
			\$ 4	,950,608
Medical Equipment - 1.0%		250.000		265.020
Hologic, Inc., 5.25%, 7/15/2022 (n)		250,000	\$	265,938
Teleflex, Inc., 5.25%, 6/15/2024		225,000		235,688
Teleflex, Inc., 4.875%, 6/01/2026		105,000		109,463
			\$	611,089
Metals & Mining - 5.5%				
Allegheny Technologies, Inc., 5.95%, 1/15/2021	\$	210,000	\$	195,825
Century Aluminum Co., 7.5%, 6/01/2021 (n)		300,000		277,500
Commercial Metals Co., 4.875%, 5/15/2023		270,000		271,350
First Quantum Minerals Ltd., 7.25%, 10/15/2019 (n)		400,000		364,000
Freeport-McMoRan Copper & Gold, Inc., 3.875%, 3/15/2023		195,000		167,213
Freeport-McMoRan Oil & Gas LLC, 6.5%, 11/15/2020		30,000		30,075
Freeport-McMoRan, Inc., 5.45%, 3/15/2043		95,000		72,675
GrafTech International Co., 6.375%, 11/15/2020		210,000		162,225
Hudbay Minerals, Inc., 9.5%, 10/01/2020		185,000		185,463
Kaiser Aluminum Corp., 5.875%, 5/15/2024 (n)		115,000		121,900
Kinross Gold Corp., 5.125%, 9/01/2021		100,000		103,250
Kinross Gold Corp., 5.95%, 3/15/2024		95,000		98,325
Lundin Mining Corp., 7.5%, 11/01/2020 (n)		165,000		174,075
Lundin Mining Corp., 7.875%, 11/01/2022 (n)		150,000		160,500
Steel Dynamics, Inc., 5.125%, 10/01/2021		100,000		104,000
Steel Dynamics, Inc., 5.25%, 4/15/2023		160,000		166,400
Steel Dynamics, Inc., 5.5%, 10/01/2024		100,000		105,500
Suncoke Energy Partners LP/Suncoke Energy Partners Finance Corp., 7.375%, 2/01/2020		305,000		279,838
Suncoke Energy, Inc., 7.625%, 8/01/2019		29,000		27,260
TMS International Corp., 7.625%, 10/15/2021 (n)		215,000		184,363
			\$ 2	3,251,737
Midstream - 8.2%			φ	,,231,131
Blue Racer Midstream LLC/Blue Racer Finance Corp., 6.125%, 11/15/2022 (n)	\$	245,000	\$	235,813
Crestwood Midstream Partners LP, 6%, 12/15/2020		225,000		221,625
Crestwood Midstream Partners LP, 6.125%, 3/01/2022		135,000		131,288
Crestwood Midstream Partners LP, 6.25%, 4/01/2023		75,000		73,125
Energy Transfer Equity LP, 7.5%, 10/15/2020		420,000		459,900
EnLink Midstream Partners LP, 4.4%, 4/01/2024		200,000		194,528
Ferrellgas LP/Ferrellgas Finance Corp., 6.5%, 5/01/2021		230,000		216,775
Ferrellgas EP/Ferrellgas Finance Corp., 6.75%, 1/15/2022		295,000		276,563
Kinder Morgan (Delaware), Inc., 7.75%, 1/15/2032		500,000		603,642
MPLX LP, 5.5%, 2/15/2023 (n)		230,000		238,828
MPLX LP, 4.5%, 7/15/2023 (n)		290,000		292,914
Sabine Pass Liquefaction LLC, 5.625%, 2/01/2021		200,000		210,000
		_55,550		_10,000

Issuer	Sł	ares/Par	,	Value (\$)
Bonds - continued				
Midstream - continued				
Sabine Pass Liquefaction LLC, 5.625%, 4/15/2023	\$	450,000	\$	473,625
Sabine Pass Liquefaction LLC, 5.75%, 5/15/2024		135,000		143,438
Sabine Pass Liquefaction LLC, 5.625%, 3/01/2025		265,000		280,238
Sabine Pass Liquefaction LLC, 5.875%, 6/30/2026 (n)		90,000		96,300
Targa Resources Partners LP/Targa Resources Finance Corp., 5%, 1/15/2018		80,000		81,600
Targa Resources Partners LP/Targa Resources Finance Corp., 4.125%, 11/15/2019		240,000		241,800
Targa Resources Partners LP/Targa Resources Finance Corp., 5.25%, 5/01/2023		105,000		106,575
Williams Cos., Inc., 4.55%, 6/24/2024		250,000		255,625
			\$ 4	1,834,202
Network & Telecom - 2.8% Centurylink, Inc., 6.45%, 6/15/2021	\$	210,000	¢	222.056
• • •	Ф	310,000	Ф	333,056
Centurylink, Inc., 7.65%, 3/15/2042		245,000		221,480
Frontier Communications Corp., 6.25%, 9/15/2021		75,000		73,149
Frontier Communications Corp., 7.125%, 1/15/2023		160,000		150,800
Frontier Communications Corp., 11%, 9/15/2025		285,000		307,800
Frontier Communications Corp., 9%, 8/15/2031		215,000		208,550
Telecom Italia Capital, 6%, 9/30/2034		70,000		70,357
Telecom Italia S.p.A., 5.303%, 5/30/2024 (n)		250,000		257,500
Oil Services - 0.8%			\$ 1	,622,692
Bristow Group, Inc., 6.25%, 10/15/2022	\$	253,000	¢	182,793
	φ		Ф	
Unit Corp., 6.625%, 5/15/2021		115,000		95,738
Weatherford International Ltd., 8.25%, 6/15/2023		215,000		211,319
			\$	489,850
Oils - 0.8%				
CITGO Holding, Inc., 10.75%, 2/15/2020 (n)	\$	160,000	\$	163,900
CITGO Petroleum Corp., 6.25%, 8/15/2022 (n)		340,000		329,800
			\$	102 700
Other Davilse & Disseries of Figure is 1, 0,000			Ф	493,700
Other Banks & Diversified Financials - 0.8%	ф	225 000	ф	205 514
Groupe BPCE S.A., 12.5% to 9/30/2019, FRN to 8/29/2049 (n)	\$	225,000	\$	285,514
UBS Group AG, 6.875%, 12/29/2049		200,000		198,738
			\$	484,252
Pharmaceuticals - 2.8%				
Endo Finance LLC/Endo Finco, Inc., 7.25%, 1/15/2022 (n)	\$	425,000	\$	412,250
Mallinckrodt International Finance S.A., 5.75%, 8/01/2022 (n)		220,000		220,825
Mallinckrodt International Finance S.A., 5.5%, 4/15/2025 (n)		105,000		103,425
Valeant Pharmaceuticals International, Inc., 7%, 10/01/2020 (n)		395,000		385,125
Valeant Pharmaceuticals International, Inc., 7.5%, 7/15/2021 (n)		125,000		122,851
Valeant Pharmaceuticals International, Inc., 7.25%, 7/15/2022 (n)		230,000		218,500
VRX Escrow Corp., 5.875%, 5/15/2023 (n)		175,000		154,000
VKA Lactow Corp., 3.87370, 3.11312023 (II)		175,000		134,000
			\$:	,616,976
Precious Metals & Minerals - 1.0%				
Eldorado Gold Corp., 6.125%, 12/15/2020 (n)	\$	370,000	\$	377,074
Teck Resources Ltd., 4.5%, 1/15/2021		105,000		100,013
Teck Resources Ltd., 8%, 6/01/2021 (n)		95,000		102,541
			\$	579,628
Printing & Publishing - 2.0%				
Nielsen Finance LLC, 5%, 4/15/2022 (n)	\$	440,000	\$	452,043
Outdoor Americas Capital LLC/Outfront Media Capital Corp., 5.625%, 2/15/2024	T	210,000		223,388
		,000		,,,,,,,

Issuer	Shares/Par	Value (\$)
Bonds - continued		()
Printing & Publishing - continued		
TEGNA, Inc., 5.125%, 7/15/2020	\$ 185,000	\$ 191,475
TEGNA, Inc., 4.875%, 9/15/2021 (n)	100,000	103,750
TEGNA, Inc., 6.375%, 10/15/2023	195,000	210,600
		\$ 1,181,256
Real Estate - Healthcare - 0.9%		\$ 1,101,230
MPT Operating Partnership LP, REIT, 6.375%, 2/15/2022	\$ 275,000	\$ 288,406
MPT Operating Partnership LP, REIT, 5.25%, 8/01/2026	210,000	223,125
	,	
		\$ 511,531
Real Estate - Other - 1.2%		\$ 311,331
DuPont Fabros Technology LP, REIT, 5.875%, 9/15/2021	\$ 360,000	\$ 376,650
Felcor Lodging LP, REIT, 5.625%, 3/01/2023	315,000	323,663
	2,111	,
		\$ 700,313
Restaurants - 0.3%		Ψ 700,515
KFC Holding Co./Pizza Hut Holdings LLC/Taco Bell of America LLC, 5.25%, 6/01/2026 (n)	\$ 180,000	\$ 191,250
	,,	, , , , , ,
Retailers - 2.4%	¢ 260,000	e 207.450
Dollar Tree, Inc., 5.75%, 3/01/2023	\$ 360,000	\$ 387,450
DriveTime Automotive Group, Inc./DT Acceptance Corp., 8%, 6/01/2021 (n)	240,000	232,200
Neiman Marcus Group Ltd., 8%, 10/15/2021 (n)	265,000	226,761
Rite Aid Corp., 9.25%, 3/15/2020	155,000	163,525
Rite Aid Corp., 6.75%, 6/15/2021	65,000	68,494
Rite Aid Corp., 6.125%, 4/01/2023 (n)	170,000	183,529
Sally Beauty Holdings, Inc., 5.625%, 12/01/2025	140,000	151,620
		\$ 1,413,579
Specialty Chemicals - 1.4%		, , , , , , , , ,
Chemtura Corp., 5.75%, 7/15/2021	\$ 435,000	\$ 452,400
Univar USA, Inc., 6.75%, 7/15/2023 (n)	380,000	393,300
		\$ 845,700
Specialty Stores - 1.5%		Ψ 013,700
Argos Merger Sub, Inc., 7.125%, 3/15/2023 (n)	\$ 320,000	\$ 336,400
Group 1 Automotive, Inc., 5%, 6/01/2022	305,000	306,525
Michaels Stores, Inc., 5.875%, 12/15/2020 (n)	235,000	243,519
	•	,
		\$ 886,444
Supermarkets - 0.3%		\$ 660,
Albertsons Cos. LLC/Safeway, Inc., 6.625%, 6/15/2024 (n)	\$ 165,000	\$ 177,144
	,,	, , ,
Telecommunications - Wireless - 6.2%	¢ 200 000	d 212.075
Altice Luxembourg S.A., 7.75%, 5/15/2022 (n)	\$ 200,000	\$ 212,875
Altice Luxembourg S.A., 7.625%, 2/15/2025 (n)	200,000	205,500
Digicel Group Ltd., 7.125%, 4/01/2022 (n)	200,000	162,000
Digicel Group Ltd., 6.75%, 3/01/2023 (n)	225,000	205,313
Sprint Capital Corp., 6.875%, 11/15/2028	285,000	256,500
Sprint Corp., 7.875%, 9/15/2023	370,000	359,636
Sprint Corp., 7.125%, 6/15/2024	410,000	382,325
Sprint Nextel Corp., 9%, 11/15/2018 (n)	150,000	165,188
Sprint Nextel Corp., 6%, 11/15/2022	135,000	122,175
T-Mobile USA, Inc., 6.125%, 1/15/2022	35,000	36,925
T 3 F 1 11 T 7 C F C - 1 1 F 10 0 0 1	05.000	
T-Mobile USA, Inc., 6.5%, 1/15/2024 T-Mobile USA, Inc., 6.464%, 4/28/2019	95,000 85,000	102,125 86,700

Issuer	S	hares/Par		Value (\$)
Bonds - continued				
Telecommunications - Wireless - continued				
T-Mobile USA, Inc., 6.25%, 4/01/2021	\$	500,000	\$	521,875
T-Mobile USA, Inc., 6.633%, 4/28/2021		125,000		130,938
T-Mobile USA, Inc., 6.5%, 1/15/2026		195,000		213,403
Wind Acquisition Finance S.A., 4.75%, 7/15/2020 (n)		250,000		253,125
Wind Acquisition Finance S.A., 7.375%, 4/23/2021 (n)		205,000		211,150
			\$	3,627,753
Telephone Services - 0.8%				
Level 3 Financing, Inc., 5.375%, 1/15/2024	\$	100,000	\$	104,875
Level 3 Financing, Inc., 5.375%, 5/01/2025		350,000		367,500
			\$	472,375
Transportation - Services - 1.4%				
Navios Maritime Acquisition Corp., 8.125%, 11/15/2021 (n)	\$	280,000	\$	212,800
Navios Maritime Holding, Inc., 7.375%, 1/15/2022 (n)		285,000		149,625
Navios South American Logistics, Inc./Navios Logistics Finance (U.S.), Inc., 7.25%, 5/01/2022		45,000		31,275
SPL Logistics Escrow LLC, 8.875%, 8/01/2020 (n)		145,000		110,925
Stena AB, 7%, 2/01/2024 (n)		200,000		165,250
Syncreon Group BV/Syncre, 8.625%, 11/01/2021 (n)		200,000		150,000
Ultrapetrol (Bahamas) Ltd., 8.875%, 6/15/2021 (d)		55,000		11,000
			\$	830,875
Utilities - Electric Power - 3.2%				
Calpine Corp., 5.5%, 2/01/2024	\$	260,000	\$	259,350
Calpine Corp., 5.75%, 1/15/2025		180,000		179,325
Covanta Holding Corp., 7.25%, 12/01/2020		265,000		274,606
Covanta Holding Corp., 6.375%, 10/01/2022		70,000		72,800
Covanta Holding Corp., 5.875%, 3/01/2024		210,000		211,050
Dynegy, Inc., 7.375%, 11/01/2022		435,000		429,563
NRG Energy, Inc., 6.625%, 3/15/2023		330,000		336,600
NRG Energy, Inc., 7.25%, 5/15/2026 (n)		85,000		88,273
			\$	1,851,567
Total Bonds			\$ 7	5,052,039
Floating Data Loans (g)(g) 2.40%				
Floating Rate Loans (g)(r) - 3.4% Aerospace - 0.2%				
TransDigm, Inc., Term Loan C, 3.75%, 2/28/2020 (o)	\$	129,339	\$	129,160
Tunisbigin, inc., 1etin 25an C, 3.7376, 212012020 (6)	Ψ	127,557	Ψ	125,100
Building - 0.5%				
ABC Supply Co., Inc., Term Loan, 3.5%, 4/16/2020	\$	224,107	\$	224,415
HD Supply, Inc., Term Loan B, 3.75%, 8/13/2021		94,200		94,534
			\$	318,949
Chemicals - 0.1%				
GCP Applied Technologies, Inc., Term Loan B, 4%, 2/03/2022	\$	52,963	\$	53,625
Computer Software - Systems - 0.2%				
CDW LLC Term Loan B, 8/17/2023 (o)	\$	94,200	\$	93,965
CDW LLC TGIII LUMI D, 0/1//2023 (0)	Ф	94,200	Ф	93,903
Conglomerates - 0.3%				
Entegris, Inc., Term Loan B, 3.5%, 4/30/2021	\$	147,866	\$	148,236
Entertainment - 0.1%				
Cedar Fair LP, Term Loan B, 3.25%, 3/06/2020	\$	79,345	\$	79,593
Coddi 1 dii EF, Totill Lodii D, 5.25 /0, 5/00/2020	ψ	17,343	φ	17,373

Issuer	Shares/Par		Value (\$)
Floating Rate Loans (g)(r) - continued			
Gaming & Lodging - 0.3%	d 160 165	ф	162.505
Hilton Worldwide Finance LLC, Term Loan B2, 3.5%, 10/25/2020	\$ 163,165	\$	163,505
Medical & Health Technology & Services - 0.3%			
DaVita HealthCare Partners, Inc., Term Loan B, 3.5%, 6/24/2021	\$ 164,583	\$	164,960
Printing & Publishing - 0.2%			
CBS Outdoor Americas Capital LLC, Term Loan B, 3%, 1/31/2021	\$ 113,040	\$	112,969
Retailers - 0.1%			
Rite Aid Corp., Second Lien Term Loan, 4.87%, 6/21/2021	\$ 79.361	\$	79,485
	Ψ 77,301	Ψ	75,105
Telephone Services - 0.2%	ф 9C 400	ď	96 922
Level 3 Financing, Inc., Term Loan B, 4%, 1/15/2020 (o)	\$ 86,400	\$	86,832
Transportation - Services - 0.6%			
Commercial Barge Line Co., First Lien Term Loan, 9.75%, 11/12/2020	\$ 362,936	\$	346,604
Utilities - Electric Power - 0.3%			
Calpine Construction Finance Co. LP, Term Loan B1, 3%, 5/03/2020	\$ 198,208	\$	195,581
Total Floating Rate Loans		\$	1,973,464
Common Stocks - 0.0%			
Automotive - 0.0%			
Accuride Corp. (a)	4,099	\$	6,927
Manage Market French A 200			
Money Market Funds - 4.2% MFS Institutional Money Market Portfolio, 0.38% (v)	2.494.658	\$	2,494,658
Total Investments	2,494,036		79,527,088
			, ,
Other Assets, Less Liabilities - (35.3)%		,	20,741,255)
Net Assets - 100.0%		\$:	58,785,833

- (a) Non-income producing security.
- (d) In default.
- (g) The rate shown represents a weighted average coupon rate on settled positions at period end, unless otherwise indicated.
- (n) Securities exempt from registration under Rule 144A of the Securities Act of 1933. These securities may be sold in the ordinary course of business in transactions exempt from registration, normally to qualified institutional buyers. At period end, the aggregate value of these securities was \$27,254,480 representing 46.4% of net assets.
- (o) All or a portion of this position has not settled. Upon settlement date, interest rates for unsettled amounts will be determined. The rate shown, if any, represents the weighted average coupon rate for settled amounts.
- (p) Payment-in-kind security.
- (r) Remaining maturities of floating rate loans may be less than stated maturities shown as a result of contractual or optional prepayments by the borrower. Such prepayments cannot be predicted with certainty. These loans may be subject to restrictions on resale. Floating rate loans generally have rates of interest which are determined periodically by reference to a base lending rate plus a premium.
- (v) Underlying affiliated fund that is available only to investment companies managed by MFS. The rate quoted for the MFS Institutional Money Market Portfolio is the annualized seven-day yield of the fund at period end.
- (z) Restricted securities are not registered under the Securities Act of 1933 and are subject to legal restrictions on resale. These securities generally may be resold in transactions exempt from registration or to the public if the securities are subsequently registered. Disposal of these securities may involve time-consuming negotiations and prompt sale at an acceptable price may be difficult. The fund holds the following restricted securities:

	Acquisition		
Restricted Securities	Date	Cost	Value
MEDNAX, Inc., 5.25%, 12/01/2023	7/29/16-8/09/16	\$224,789	\$226,288
% of Net assets			0.4%

Portfolio of Investments (unaudited) continued

The following abbreviations are used in this report and are defined:

FRN Floating Rate Note. Interest rate resets periodically and the current rate may not be the rate reported at period end.

PLC Public Limited Company

REIT Real Estate Investment Trust

Abbreviations indicate amounts shown in currencies other than the U.S. dollar. All amounts are stated in U.S. dollars unless otherwise indicated. A list of abbreviations is shown below:

EUR Euro

Derivative Contracts at 8/31/16

Forward Foreign Currency Exchange Contracts at 8/31/16

Liabi	Type llity Deri	Currency vatives	Counterparty	Contracts to Deliver/Receive	Settlement Date Range	In Exchange For	Contracts at Value	Net Unrealized Appreciation (Depreciation)
	SELL	EUR	Goldman Sachs International	157,614	9/30/16	\$175,638	\$176,024	\$(386)

Futures Contracts at 8/31/16

Description	Currency	Contracts	Value	Expiration Date	Unrealized Appreciation (Depreciation)
Asset Derivatives					
Interest Rate Futures					
U.S. Treasury Note 10 yr (Short)	USD	5	\$654,609	December - 2016	\$1,623

At August 31, 2016, the fund had cash collateral of \$6,750 to cover any commitments for certain derivative contracts.

See attached supplemental information. For more information see notes to financial statements as disclosed in the most recent semiannual or annual report.

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Supplemental Information

8/31/16 (unaudited)

The fund is an investment company and accordingly follows the investment company accounting and reporting guidance of the Financial Accounting Standards Board (FASB) Accounting Standards Codification Topic 946 Financial Services Investment Companies.

(1) Investment Valuations

Equity securities, including restricted equity securities, are generally valued at the last sale or official closing price on their primary market or exchange as provided by a third-party pricing service. Equity securities, for which there were no sales reported that day, are generally valued at the last quoted daily bid quotation on their primary market or exchange as provided by a third-party pricing service. Debt instruments and floating rate loans, including restricted debt instruments, are generally valued at an evaluated or composite bid as provided by a third-party pricing service. Short-term instruments with a maturity at issuance of 60 days or less may be valued at amortized cost, which approximates market value. Futures contracts are generally valued at last posted settlement price on their primary exchange as provided by a third-party pricing service. Futures contracts for which there were no trades that day for a particular position are generally valued at the closing bid quotation on their primary exchange as provided by a third-party pricing service. Forward foreign currency exchange contracts are generally valued at the mean of bid and asked prices for the time period interpolated from rates provided by a third-party pricing service for proximate time periods. Open-end investment companies are generally valued at net asset value per share. Securities and other assets generally valued on the basis of information from a third-party pricing service may also be valued at a broker/dealer bid quotation. Values obtained from third-party pricing services can utilize both transaction data and market information such as yield, quality, coupon rate, maturity, type of issue, trading characteristics, and other market data. The values of foreign securities and other assets and liabilities expressed in foreign currencies are converted to U.S. dollars using the mean of bid and asked prices for rates provided by a third-party pricing service.

The Board of Trustees has delegated primary responsibility for determining or causing to be determined the value of the fund s investments (including any fair valuation) to the adviser pursuant to valuation policies and procedures approved by the Board. If the adviser determines that reliable market quotations are not readily available, investments are valued at fair value as determined in good faith by the adviser in accordance with such procedures under the oversight of the Board of Trustees. Under the fund s valuation policies and procedures, market quotations are not considered to be readily available for most types of debt instruments and floating rate loans and many types of derivatives. These investments are generally valued at fair value based on information from third-party pricing services. In addition, investments may be valued at fair value if the adviser determines that an investment s value has been materially affected by events occurring after the close of the exchange or market on which the investment is principally traded (such as foreign exchange or market) and prior to the determination of the fund s net asset value, or after the halting of trading of a specific security where trading does not resume prior to the close of the exchange or market on which the security is principally traded. The adviser generally relies on third-party pricing services or other information (such as the correlation with price movements of similar securities in the same or other markets; the type, cost and investment characteristics of the security; the business and financial condition of the issuer; and trading and other market data) to assist in determining whether to fair value and at what value to fair value an investment. The value of an investment for purposes of calculating the fund s net asset value can differ depending on the source and method used to determine value. When fair valuation is used, the value of an investment used to determine the fund s net asset value may differ from quoted or published prices for the same investment. There can be no assurance that the fund could obtain the fair value assigned to an investment if it were to sell the investment at the same time at which the fund determines its net asset value per share.

Various inputs are used in determining the value of the fund s assets or liabilities. These inputs are categorized into three broad levels. In certain cases, the inputs used to measure fair value may fall into different levels of the fair value hierarchy. In such cases, an investment s level within the fair value hierarchy is based on the lowest level of input that is significant to the fair value measurement. The fund s assessment of the significance of a particular input to the fair value measurement in its entirety requires judgment, and considers factors specific to the investment. Level 1 includes unadjusted quoted prices in active markets for identical assets or liabilities. Level 2 includes other significant observable market-based inputs (including quoted prices for similar securities, interest rates, prepayment speed, and credit risk). Level 3 includes unobservable inputs, which may include the adviser s own assumptions in determining the fair value of investments. Other financial instruments are derivative instruments not reflected in total investments, such as futures contracts and forward foreign currency exchange contracts. The following is a summary of the levels used as of August 31, 2016 in valuing the fund s assets or liabilities:

Investments at Value	Level 1	Level 2	Level 3	Total
Equity Securities	\$6,927	\$	\$	\$6,927
U.S. Corporate Bonds		65,032,361		65,032,361
Commercial Mortgage-Backed Securities		22,381		22,381
Foreign Bonds		9,997,297		9,997,297

Floating Rate Loans		1,973,464	1,973,464
Mutual Funds	2,494,658		2,494,658
Total Investments	\$2,501,585	\$77,025,503	\$ \$79,527,088
Other Financial Instruments			
Futures Contracts	\$1,623	\$	\$ \$1,623
Forward Foreign Currency Exchange Contracts		(386)	(386)

For further information regarding security characteristics, see the Portfolio of Investments.

Supplemental Information (unaudited) continued

(2) Portfolio Securities

The cost and unrealized appreciation and depreciation in the value of the investments owned by the fund, as computed on a federal income tax basis, are as follows:

Aggregate cost	\$80,139,002
Gross unrealized appreciation	2,122,037
Gross unrealized depreciation	(2,733,951)
Net unrealized appreciation (depreciation)	\$(611.914)

The aggregate cost above includes prior fiscal year end tax adjustments, if applicable.

(3) Transactions in Underlying Affiliated Funds Affiliated Issuers

An affiliated issuer may be considered one in which the fund owns 5% or more of the outstanding voting securities, or a company which is under common control. For the purposes of this report, the fund assumes the following to be an affiliated issuer:

Underlying Affiliated Fund	Beginning	Acquisitions	Dispositions	Ending
	Shares/Par	Shares/Par	Shares/Par	Shares/Par
	Amount	Amount	Amount	Amount
MFS Institutional Money Market Portfolio	1,287,403	12,121,137	(10,913,882)	2,494,658
Underlying Affiliated Fund	Realized	Capital Gain	Dividend	Ending
	Gain (Loss)	Distributions	Income	Value
MFS Institutional Money Market Portfolio	\$	\$	\$4,945	\$2,494,658

ITEM 2. CONTROLS AND PROCEDURES.

- (a) Based upon their evaluation of the effectiveness of the registrant s disclosure controls and procedures (as defined in Rule 30a-3(c) under the Investment Company Act of 1940 (the Act)) as conducted within 90 days of the filing date of this Form N-Q, the registrant s principal financial officer and principal executive officer have concluded that those disclosure controls and procedures provide reasonable assurance that the material information required to be disclosed by the registrant on this report is recorded, processed, summarized and reported within the time periods specified in the Securities and Exchange Commission s rules and forms.
- (b) There were no changes in the registrant s internal controls over financial reporting (as defined in Rule 30a-3(d) under the Act) that occurred during the registrant s last fiscal quarter that have materially affected, or are reasonably likely to materially affect, the registrant s internal control over financial reporting.

ITEM 3. EXHIBITS.

File as exhibits as part of this Form a separate certification for each principal executive officer and principal financial officer of the registrant as required by Rule 30a-2(a) under the Act (17 CFR 270.30a-2): Attached hereto.

Notice

A copy of the Agreement and Declaration of Trust, as amended, of the Registrant is on file with the Secretary of State of The Commonwealth of Massachusetts and notice is hereby given that this instrument is executed on behalf of the Registrant by an officer of the Registrant as an officer and not individually and the obligations of or arising out of this instrument are not binding upon any of the Trustees or shareholders individually, but are binding only upon the assets and property of the respective constituent series of the Registrant.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Registrant: MFS INTERMEDIATE HIGH INCOME FUND

By (Signature and Title)*

ROBIN A. STELMACH

Robin A. Stelmach, President

Date: October 17, 2016

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated.

By (Signature and Title)*

ROBIN A. STELMACH

Robin A. Stelmach, President

(Principal Executive Officer)

Date: October 17, 2016

By (Signature and Title)* DAVID L. DILORENZO

David L. DiLorenzo, Treasurer

(Principal Financial Officer

and Accounting Officer)

Date: October 17, 2016

^{*} Print name and title of each signing officer under his or her signature.