SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): October 20, 2004

IMCO RECYCLING INC.

(Exact name of Registrant as specified in charter)

Delaware (State or other jurisdiction of

1-7170 (Commission File Number) 75-2008280 (I.R.S. Employer Identification No.)

incorporation)

5215 North O Connor Blvd., Suite 1500

Central Tower at Williams Square

Irving, Texas (Address of principal executive offices)

75039 (Zip Code)

Registrant s telephone number, including area code: (972) 401-7200

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(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- "Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- "Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- "Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- "Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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ITEM 2.02. Regulation FD Disclosure

On October 20, 2004, IMCO issued a press release regarding guidance on its results of operations for the third quarter of 2004, a copy of which is furnished as Exhibit 99.1 hereto.

The information contained in this Item 2.02 of this Form 8-K and Exhibit 99.1 (i) are not to be considered filed under the Securities Exchange Act of 1934, as amended (the Exchange Act), and (ii) shall not be incorporated by reference into any previous or future filings made by or to be made by the company with the SEC under the Securities Act of 1933, as amended, or the Exchange Act.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

IMCO RECYCLING INC.

Dated: October 20, 2004

/s/ Robert R. Holian

Robert R. Holian

Senior Vice President and

Controller

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INDEX TO EXHIBITS

Introductory Note: The following exhibit is furnished pursuant to Item 2.02 of Form 8-K and is not to be considered filed under the Exchange Act and shall not be incorporated by reference into any of the Company s previous or future filings under the Securities Act or the Exchange Act.

Exhibit No.	Description
99.1	Press Release