

SMITH & NEPHEW PLC
Form 6-K
February 20, 2009

**SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549**

Report of Foreign Private Issuer

**Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of
1934**

February 20, 2009

Commission File Number 001-14978

SMITH & NEPHEW plc
(Registrant's name)

15 Adam Street
London, England WC2N 6LA
(Address of registrant's principal executive offices)

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F	<input checked="" type="checkbox"/>	Form 40-F	<input type="checkbox"/>
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1).]

Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7).]

Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>
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[Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing information to the

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Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.]

Yes No X
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If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b) : 82- n/a.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Smith & Nephew Plc
(Registrant)

Date: February 20, 2009

By: /s/ Paul Chambers

Paul Chambers
Company Secretary

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 1985 Executive Share Option
Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 12,863
scheme from previous
return:

The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 850
issued/allotted under
scheme during period:

Balance under 12,013
scheme not yet
issued/allotted at end
of period

Number and class of 30,000 Ordinary Shares of US\$
securities originally 20 cents each listed
listed and the date of on 13 February 2007
admission

Total number of 883,272,306 ordinary shares of
securities in issue at US\$ 20 cents each are in
the end of the period issue. 66,634,911 ordinary shares
of US\$20 cents each are held in
treasury.

Name of contact: Gemma Parsons

Address of contact:

15 Adam
Street, London, WC2N 6LA

Telephone number of contact: 0207 960 2228

SIGNED BY Paul Chambers, Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 1990 International Executive
Share Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 726,881
scheme from previous
return:

The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 66,829
issued/allotted under
scheme during period:

Balance under 660,052
scheme not yet
issued/allotted at end
of period

Number and class of 1,850,000 ordinary shares of US\$
securities originally 20 cents each on 23 January
listed and the date of 2006
admission

Total number of 883,272,306 ordinary shares of
securities in issue at US\$ 20 cents each are in
the end of the period issue. 66,634,911 ordinary shares
of US\$20 cents each are held in
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 1991 Overseas Employee Share
Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 14,930
scheme from previous
return:

The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 14,930 (Cancelled)
issued/allotted under
scheme during period:

Balance under 0
scheme not yet
issued/allotted at end
of period

Number and class of 27,500 ordinary shares of US\$ 20
securities originally cents each originally listed on 23
listed and the date of January 2006
admission

Total number of 883,272,306 ordinary shares of
securities in issue at US\$ 20 cents each are in
the end of the period issue. 66,634,911 ordinary shares
of US\$20 cents each are held in
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 UK Approved Share Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 307,975
scheme from previous
return:

The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 72,350
issued/allotted under
scheme during period:

Balance under 235,625
scheme not yet
issued/allotted at end
of period

Number and class of 500,000 ordinary shares of US\$
securities originally 20 cents each listed on 23
listed and the date of January 2006
admission

Total number of 883,272,306 ordinary shares of
securities in issue at US\$ 20 cents each are in
the end of the period issue. 66,634,911 ordinary shares
of US\$20 cents each are held in
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 UK Unapproved Share
Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 1,156,209
scheme from previous
return:

The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 406,200
issued/allotted under
scheme during period:

Balance under 750,009
scheme not yet
issued/allotted at end
of period

Number and class of 1,000,000 ordinary shares of US\$
securities originally 20 cents each listed on
listed and the date of 13 February 2007. 500,000
admission ordinary shares of US\$ 20 cents
listed on 2 August 2007.

Total number of 883,272,306 ordinary shares of
securities in issue at US\$ 20 cents each are in
the end of the period issue. 66,634,911 ordinary shares
of US\$20 cents each are held in
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 US Share Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under scheme from previous return:	212,700
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return:	2,000,000
Number of securities issued/allotted under scheme during period:	626,585
Balance under scheme not yet issued/allotted at end of period	1,586,115
Number and class of securities originally listed and the date of admission	1,500,000 ordinary shares of US\$ 20 cents each listed on 13 February 2007. 1,000,000 ordinary shares of US\$ 20 cents each listed on 2 August 2007. 2,000,000 ordinary shares of US\$ 20 cents each listed on 10 September 2008.
Total number of securities in issue at	883,272,306 ordinary shares of US\$ 20 cents each are in

the end of the period issue. 66,634,911 ordinary shares
of US\$20 cents each are held in
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: International Employees Share
Option Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 434,980
scheme from previous
return:

The amount by which 1,000,000
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 122,059
issued/allotted under
scheme during period:

Balance under 1,312,921
scheme not yet
issued/allotted at end
of period

Number and class of 1,000,000 ordinary shares of US\$
securities originally 20 cents each listed on 23
listed and the date of January 2006. 1,000,000 ordinary
admission shares of US\$ 20 cents each
listed on 10 September 2008.

Total number of 883,272,306 ordinary shares of
securities in issue at US\$ 20 cents each are in

the end of the period issue. 66,634,911 ordinary shares
of US\$20 cents each are held in
treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: UK Employee Share Option
Scheme

Period of return: From:24 July 2008 To:23 January 2009

Balance under 262,875
scheme from previous
return:

The amount by which 1,500,000
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 370,630
issued/allotted under
scheme during period:

Balance under 1,392,245
scheme not yet
issued/allotted at end
of period

Number and class of 1,500,000 ordinary shares of US\$
securities originally 20 cents each listed on 23
listed and the date of January 2006. 1,500,000 ordinary
admission shares of US\$ 20 cents each
listed on 10 September 2008.

Total number of securities in issue at the end of the period 883,272,306 ordinary shares of US\$ 20 cents each are in issue. 66,634,911 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Performance Share Plan

Period of return: From:24 July 2008 To:23 January 2009

Balance under 662,509
scheme from previous
return:

The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 4,926
issued/allotted under
scheme during period:

Balance under 657,583
scheme not yet
issued/allotted at end
of period

Number and class of 750,000 ordinary shares of US\$
securities originally 20 cents each listed on 13
listed and the date of February 2007
admission

Total number of securities in issue at the end of the period 883,272,306 ordinary shares of US\$ 20 cents each are in issue. 66,634,911 ordinary shares of US\$20 cents each are held in treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Executive Share Option
Plan

Period of return: From:24 July 2008 To:23 January 2009

Balance under 824,011
scheme from previous
return:

The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 103,520
issued/allotted under
scheme during period:

Balance under 720,491
scheme not yet
issued/allotted at end
of period

Number and class of 1,000,000 ordinary shares of US\$
securities originally 20 cents each listed on 13
listed and the date of February 2007

admission

Total number of securities in issue at the end of the period 883,272,306 ordinary shares of US\$ 20 cents each are in issue. 66,634,911 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 20 February 2009

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Co-investment Plan

Period of return: From:24 July 2008 To:23 January 2009

Balance under 577,086
scheme from previous
return:

The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 44,572
issued/allotted under
scheme during period:

Balance under 532,514
scheme not yet
issued/allotted at end
of period

Number and class of 750,000 ordinary shares of US\$
securities originally 20 cents each listed on 13
listed and the date of February 2007
admission

Total number of securities in issue at the end of the period 883,272,306 ordinary shares of US\$ 20 cents each are in issue. 66,634,911 ordinary shares of US\$20 cents each are held in treasury.

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