TORCHMARK CORP

Form 4 May 28, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

3235-0287 Number:

January 31, 2005

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response...

subject to Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

			2. Issuer Name and Ticker or Trading Symbol TORCHMARK CORP [TMK]			8	5. Relationship of Reporting Person(s) to Issuer			
(Last)	3. Date of Earliest Transaction					(Check all applicable)				
TORCHM CORPOR	(First) IARK ATION, 3700 SO RIDGE DRIVE	(Middle)		/Day/Year)		11		_X_ Director Officer (give below)		9% Owner ther (specify
		4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
MCKINN	EY, TX 75070		Filed(M	Ionth/Day/Ye	ear)			Applicable Line) _X_ Form filed by 0 Form filed by N Person	One Reporting	Person
(City)	(State)	(Zip)	Ta	ble I - Non	-Derivativ	e Seci	ırities Acqu	ired, Disposed of	f, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	3. Transactic Code (Instr. 8)	4. Securit	ed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock								200,104	D	
Common Stock	05/27/2014			M	12,505	A	\$ 15.6667	12,694	I	Constructive Trustee for Former Spouse
Common Stock	05/27/2014			S	12,505	D	\$ 81.2522 (1) (2)	189	I	Constructive Trustee for Former

Spouse

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Employee Stock Option (Right to	\$ 15.6667	05/27/2014		M	12,505	02/26/2012	02/26/2016	Common Stock	12,505

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

MCANDREW MARK S TORCHMARK CORPORATION 3700 SOUTH STONEBRIDGE DRIVE MCKINNEY, TX 75070



Signatures

Buy)

Mark S. McAndrew, By:/s/Carol A. McCoy, Attorney-in-fact

05/28/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) sales at prices ranging from \$81.12 per share to \$81.32 per share.
- (2) Reporting person will provide full information regarding the number of shares sold at each separate price upon request by the SEC staff, the issuer or any security holder of the issuer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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