PAINTER JONATHAN W

Form 4

March 12, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

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Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * PAINTER JONATHAN W			2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	()		
KADANT INC., ONE TECHNOLOGY PARK DRIVE		ORIVE	(Month/Day/Year) 03/10/2013	X Director 10% Owner X Officer (give title Other (specify below) PRESIDENT AND CEO		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
WESTFORD, MA 01886			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secur	ities Acqu	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Stock							3	I	By Son
Common Stock	03/10/2013		M	14,500	A	(1)	84,025	D	
Common Stock	03/10/2013		F	5,581	D	\$ 26.58	78,444	D	
Common Stock	03/10/2013		M	13,200	A	<u>(2)</u>	91,644	D	
Common Stock	03/10/2013		F	6,231	D	\$ 26.58	85,413	D	

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Common Stock	03/10/2013	M	13,295	A	<u>(3)</u>	98,708	D
Common Stock	03/10/2013	F	6,276	D	\$ 26.58	92,432	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	orDeriv Secur Acqu or Dis (D)	erivative Expiration (Month/D courities (Month/D Disposed of D) nstr. 3, 4,		o. Date Exercisable and Expiration Date Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Unit	\$ 0	03/10/2013		M		14,500	<u>(1)</u>	03/10/2013	Common Stock	14,500 (1)	
Restricted Stock Unit	\$ 0	03/10/2013		M		26,400	(2)	03/10/2014	Common Stock	13,200 (2)	
Restricted Stock Unit	\$ 0	03/10/2013		M		39,885	(3)	03/10/2015	Common Stock	13,295 (3)	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
PAINTER JONATHAN W KADANT INC. ONE TECHNOLOGY PARK DRIVE WESTFORD, MA 01886	X		PRESIDENT AND CEO				
Signatures							
by Sandra L. Lambert for Jonathan W. Painter		03/12/2013					
**Signature of Reporting Person		Date					

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares represent the partial settlement under a RSU award granted 3/3/2010. One-third of the RSU vested on 3/10/2013 and was converted to common stock on a one-for-one basis on the vesting date.
- (2) The shares represent the partial settlement under a RSU award granted 3/9/2011. One-third of the RSU vested on 3/10/2013 and was converted to common stock on a one-for-one basis on the vesting date.
- (3) The shares represent the partial settlement under a RSU award granted 3/7/2012. One-third of the RSU vested on 3/10/2013 and was converted to vested common stock on a one-for-one basis on the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.