First Federal of Northern Michigan Bancorp, Inc. Form SC 13G February 23, 2010

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

SCHEDULE 13G

UNDER THE SECURITIES EXCHANGE ACT OF 1934

First Federal of Northern Michigan Bancorp, Inc.

(NAME OF ISSUER)

COMMON STOCK

(TITLE OF CLASS OF SECURITIES)

32021x105

(CUSIP NUMBER)

January 31, 2010

(DATE OF EVENT WHICH REQUIRES FILING OF THIS STATEMENT)

CHECK THE APPROPRIATE BOX TO DESIGNATE THE RULE PURSUANT TO WHICH THIS SCHEDULE IS FILED:

- {X} RULE 13D-1(B)
- { } RULE 13D-1(C)
- { } RULE 13D-1(D)

*The remainder of this cover page shall be filled out for a reporting persons initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be ""filed"" for the purpose of Section 18 of the Securities Exchange Act of 1934 (""Act"") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the notes.)

PAGE 1 OF 4

CUSIP NO. 32021x105 SCHEDULE 13G PAGE 2 OF 4

(1) NAME AND IRS NUMBER OF REPORTING PERSONS

FINANCIAL & INVESTMENT MANAGEMENT GROUP, LTD. (#38-2562340)

(2) CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP A..... { } B..... { } (3) SEC USE ONLY (4) CITIZENSHIP OR PLACE OF ORGANIZATION MICHIGAN NUMBER OF SHARES OF: (5) SOLE VOTING POWER NONE (6) SHARED VOTING POWER 278,974 (7) SOLE DISPOSITIVE POWER NONE (8) SHARED DISPOSITIVE POWER 278,974 (9) AGGREGATE AMOUNT BENEFICIALLY OWNED 278,974 *SEE NOTE 1* (10) CHECK IF AGGREGATE AMOUNT EXCEEDS CERTAIN SHARES { } (11) PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9 9.69% (12) TYPE OF REPORTING PERSON ΙA CUSIP 32021x105 SCHEDULE 13G PAGE 3 OF 4 ITEM 1 (A) NAME OF ISSUER First Federal of Northern Michigan Bancorp, Inc. ITEM 1 (B) ADDRESS OF ISSUER 100 SOUTH SECOND AVENUE ALPENA, MI 49707 ITEM 2 (A) NAME OF PERSON FILING FINANCIAL & INVESTMENT MANAGEMENT GROUP, LTD ITEM 2 (B) ADDRESS OF PERSON FILING

111 CASS ST. TRAVERSE CITY, MI. 49684

ITEM 2 (C) CITIZENSHIP

MICHIGAN

ITEM 2 (D) TITLE OF CLASS OF SECURITIES

COMMON STOCK

ITEM 2 (E) CUSIP NO.

32021x105

ITEM 3 THIS STATEMENT IS BEING FILED BY AN INVESTMENT ADVISOR IN ACCORDANCE WITH RULE 13D-1(B)(1)(ii)(E).

CUSIP 32021x105 SCHEDULE 13G PAGE 4 OF 4

OWNERSHIP

ITEM 4 (A) AMOUNT BENEFICIALLY OWNED

278,974 * SEE NOTE 1 *

ITEM 4 (B) PERCENT OF CLASS

9.69%

ITEM 4 (C) NUMBER OF SHARES:

(i) SOLE POWER TO VOTE

NONE

(ii) SHARED POWER TO VOTE

278,974

(iii) SOLE POWER TO DISPOSE

NONE

(iv) SHARED POWER TO DISPOSE

278,974

** NOTE 1 **

FINANCIAL & INVESTMENT MANAGEMENT GROUP, LTD IS A REGISTERED INVESTMENT ADVISOR, MANAGING INDIVIDUAL CLIENT ACCOUNTS. ALL SHARES REPRESENTED IN THIS REPORT ARE HELD IN ACCOUNTS OWNED BY THE CLIENTS OF FINANCIAL & INVESTMENT MANAGEMENT GROUP, LTD. BECAUSE OF THIS, FINANCIAL & INVESTMENT MANAGEMENT GROUP, LTD DISCLAIMS BENEFICIAL OWNERSHIP.

ITEM (5) OWNERSHIP OF LESS THAN FIVE PERCENT

CHECK THE FOLLOWING BOX IF THE STATEMENT IS BEING FILED TO NOTIFY THAT THE OWNERSHIP IS NOW LESS THAN FIVE PERCENT

{ }

ITEM (6) OWNERSHIP OF MORE THAN FIVE PERCENT ON BEHALF OF ANOTHER PERSON

ALL SHARES REPRESENTED IN THIS REPORT ARE OWNED BY ADVISORY CLIENTS OF FINANCIAL & INVESTMENT MANAGEMENT GROUP, LTD NONE OF WHICH, TO OUR KNOWLEDGE, OWNS FIVE PERCENT OR MORE OF THE CLASS.

ITEM (7) IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY:

NOT APPLICABLE

ITEM (8) IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP

NOT APPLICABLE

ITEM (9) NOTICE OF DISSOLUTION OF GROUP

NOT APPLICABLE

ITEM (10) CERTIFICATION

By signing below, I certify that, to the best of my knowledge and belief, the securities referred to above were acquired in the ordinary course of business and were not acquired for the purpose of and do not have the effect of changing or influecing the control of the issuer of such securities and were not acquired in the connection with or as a participant in any transaction having such purposes or effect.

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct."

February 22, 2010

Matthew Bohrer CCO