Hirons Michael L Form 4 March 10, 2010

# FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

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**OMB APPROVAL** 

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

Print or Type K	(esponses)							
1. Name and A Hirons Mich	ddress of Reportatel L	rting Perso	Symbol	AINMEN	Ticker or Trading	5. Relationship of Issuer (Check	Reporting Pers	
(Last) 30 WEST PI ROAD, SUI		(Middle	(Month/Day	3. Date of Earliest Transaction (Month/Day/Year) 03/01/2010			title Other below) esident - Finan	
KANSAS C	(Street)	108	4. If Amendate Filed (Month/		Original	6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M	one Reporting Pe	rson
(City)	(State)	(Zip)	Table I	- Non-Dei	rivative Securities Acq	Person uired, Disposed of	, or Beneficial	ly Owne
1.Title of Security (Instr. 3)	2. Transacti (Month/Day	//Year) l	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Ownership Form: Direct (D)	7. Nati Indired Benefi Owner

(City)	(State) (Zip	Table I	- Non-Der	ivative Se	curiti	ies Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
7.375 Series D Cumulative Redeemable Preferred Shares (1)	03/01/2010(1)		<u>J(1)</u>	0 (1)	A	(1)	500 (1)	D	
Common Shares of Beneficial Interest	03/01/2010		M	6,745	A	\$ 18.18	42,539	D	
	03/01/2010		F(2)		D	<u>(2)</u>	38,153	D	

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Common	4,386
Shares of	(2)
Beneficial	

Interest

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	Secur Acqu (A) o Dispo	rities nired or osed of 3, 4,	6. Date Exercise Expiration Date (Month/Day/Y	e	7. Title and A Underlying Se (Instr. 3 and 4	ecurities
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Shares of Beneficial Interest	\$ 18.18	03/01/2010		M		6,745	01/01/2010	02/18/2019	Common Shares of Beneficial Interest	6,745

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
reporting 6 wher runte / runtess	Director	10% Owner	Officer	Other			
Hirons Michael L 30 WEST PERSHING ROAD SUITE 201 KANSAS CITY, MO 64108			Vice President - Finance				

### **Signatures**

/s/ Michael L.	
Hirons	03/10/2010
**Signature of Reporting Person	Date
Reporting reison	

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#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares have already been reported and do not reflect any change.
- (2) These shares were assigned to the Company in payment of exercise and associated taxes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.