Edgar Filing: Holmes Ted E - Form 4

Holmes Ted Form 4	E										
April 09, 20	13										
								OMB APPROVAL			
	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							MMISSION	OMB Number:	r: 3235-0287	
Check th if no lon subject t Section Form 4 o Form 5	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934,					Expires: January 31, 2005 Estimated average burden hours per response 0.5					
obligatic may con <i>See</i> Instr 1(b).	tinue. Section 17	(a) of the	Public U	tility Hol		pany	Act of 1	935 or Section			
(Print or Type	Responses)										
Holmes Ted E Symb			Symbol INVES	1 issuer ritanie and riener or ritaning				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			TRUST	[IRET]				(Cheek		/	
(Month.				<i>IDay</i> (ICal)			Director 10% Owner _X Officer (give title Other (specify below) below) SVP - Finance				
	(Street)			endment, D nth/Day/Yea	lment, Date Original /Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person			
MINOT, N	D 58701						P	Form filed by Mo erson	ore than One Rep	oorting	
(City)	(State)	(Zip)	Tabl	e I - Non-l	Derivative S	ecurit	ies Acqui	red, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any	ned	3.	4. Securitie onor Dispose (Instr. 3, 4	es Acq d of (E and 5) (A)	uired (A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Shares of Beneficial Interest	04/05/2013			Code V P	Amount 129.221 (1)	or (D) A	Price \$ 9.2863	(Instr. 3 and 4) 7,734.18	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Edgar Filing: Holmes Ted E - Form 4

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying tities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relat		
	Director	10% Owner	Officer	Other
Holmes Ted E 1400 31ST AVENUE SW, SUITE 60 MINOT, ND 58701			SVP - Finance	
Signatures				
Lindsey Knoop Anderson, Attorney-in-Fact		04/09/2013		
<pre>**Signature of Reporting Person</pre>		Date		

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Voluntary cash contribution purchase under the issuer's Distribution Reinvestment and Share Purchase Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.