

VINCENT BRUCE H
Form 4
October 08, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0287
Expires: January 31,
2005
Estimated average
burden hours per
response... 0.5

(Print or Type Responses)

1. Name and Address of Reporting Person *
VINCENT BRUCE H

(Last) (First) (Middle)

16825 NORTHCHASE DRIVE,
SUITE 400

(Street)

HOUSTON, TX 77060

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol
SWIFT ENERGY CO [SFY]

3. Date of Earliest Transaction
(Month/Day/Year)
10/06/2004

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
__X__ Officer (give title below) ____ Other (specify below)

EVP/SEC

6. Individual or Joint/Group Filing(Check
Applicable Line)
__X__ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock	10/06/2004	10/06/2004	M	6,171 A	\$ 13.52	51,675	D
Common Stock	10/06/2004	10/06/2004	F ⁽¹⁾	3,274 D	\$ 25.48	48,401	D
Common Stock	10/07/2004	10/07/2004	S ⁽²⁾	500 D	\$ 25.4	47,901	D
Common Stock	10/07/2004	10/07/2004	S ⁽²⁾	500 D	\$ 25.55	47,401	D
Common Stock	10/07/2004	10/07/2004	S ⁽²⁾	500 D	\$ 24.91	46,901	D

Edgar Filing: VINCENT BRUCE H - Form 4

Common Stock	10/07/2004	10/07/2004	<u>S</u> (2)	697	D	\$ 24.7	46,204	D	
Common Stock	10/07/2004	10/07/2004	<u>S</u> (2)	100	D	\$ 24.72	46,104	D	
Common Stock	10/07/2004	10/07/2004	<u>S</u> (2)	400	D	\$ 24.79	45,704	D	
Common Stock	10/07/2004	10/07/2004	<u>S</u> (2)	200	D	\$ 24.78	45,504	D	
Common Stock							8,699	I	401(k)
Common Stock							1,086	I	ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 13.52	10/06/2004	10/06/2004	M			6,171	09/12/2004	09/12/2005	Common Stock	6,171
Stock Options (Right to buy)	\$ 25.48	10/06/2004	10/06/2004	A		3,274 (3)		10/06/2005	10/06/2006	Common Stock	3,274

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other

VINCENT BRUCE H
16825 NORTHCHASE DRIVE, SUITE 400
HOUSTON, TX 77060

EVP/SEC

Signatures

Bruce H.
Vincent

10/08/2004

 Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Payment of exercise price by delivering or withholding 3,274 shares of common stock at \$25.48 per share, the closing price of issuer's common stock on October 6, 2004.
- (2) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on April 14, 2004.
- (3) Grant of reload option pursuant to plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.