Edgar Filing: MGP INGREDIENTS INC - Form 4

Form 4	EDIENTS INC									
August 26, 2									OMB AF	PROVAL
FORM	UNITE	D STATES		RITIES A shington,			NGE C	COMMISSION	OMB Number:	3235-0287
Check this box if no longer subject to Section 16. Form 4 or				IGES IN BENEFICIAL OWNERSHIP OF SECURITIES					Expires:January 31, 2005Estimated average burden hours per response0.5	
obligation may cont <i>See</i> Instru 1(b).	ns Section 1	7(a) of the		tility Hol	ding Con	npany	y Act of	e Act of 1934, 1935 or Section 0	n	
(Print or Type I	Responses)									
RINDOM DAVID E Symbol			uer Name and Ticker or Trading I INGREDIENTS INC [MGPI]				5. Relationship of Reporting Person(s) to Issuer			
	^(First) NGREDIENTS COMMERCIAL			Earliest Ti Day/Year)		. [Director X Officer (give below)		Owner
Filed(Mor			mendment, Date Original /Ionth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
ATCHISON		(7:n)						Person		F 8
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Executio any	med n Date, if Day/Year)	Code	4. Securi on(A) or D (Instr. 3,	4 and (A)	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial
Common Stock	08/24/2016			Code V F	Amount 5,255 (1)	or (D) D	Price \$ 37.15	(Instr. 3 and 4) 24,767	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
RINDOM DAVID E C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002			Vice President					
Signatures								
/s/ Lori Norlen, Attorney-In-Fact f Rindom	08/26/2016							
<u>**</u> Signature of Reporting Pers	on		Date					
Explanation of Page								

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) In connection with a restricted stock vesting on 8/24/2016, 5,255 shares were withheld for payment of the resulting tax liability.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.