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Ruth Jon M											
Form 4 December 10,	2018										
								OMB APPROVAL			
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COl Washington, D.C. 20549						OMMISSION	OMB Number:	3235-0287			
Check this if no longe subject to Section 16 Form 4 or Form 5 obligations may contir <i>See</i> Instruc	r STATEN	ox STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1940								January 31, 2005 Estimated average burden hours per response 0.5	
1(b). (Print or Type Re	esponses)										
1. Name and Address of Reporting Person <u>*</u> Ruth Jon M			2. Issuer Name and Ticker or Trading Symbol INSTEEL INDUSTRIES INC [IIIN]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (A	Middle)	3. Date of Earliest Transaction				(Cneck	(Check all applicable)			
1373 BOGGS DRIVE			(Month/Day/Year) 12/07/2018				_X_ Director 10% Owner Officer (give title Other (specify below) below)				
				If Amendment, Date Original led(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
MOUNT AIF	RY, NC 27030							Form filed by Me Person	ore than One Rep	porting	
(City)	(State)	(Zip)	Table	I - Non-De	rivative S	ecuri	ties Acq	uired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	ecurity (Month/Day/Year) Execution Da		ion Date, if	Code (Instr. 3, 4 and 5)			d of (D)	Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	12/07/2018			Code V P	Amount 4,000		Price \$ 26.04	(Instr. 3 and 4) 5,349	D		
Common Stock (Restricted Stock Units)							20.01	1,684	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Ruth Jon M 1373 BOGGS DRIVE MOUNT AIRY, NC 27030	Х						
Signatures							
James F. Petelle for Jon M. Ruth	12/10/2018						
**Signature of Reporting Person		Date					
Explanation of Responses:							

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.