NATURAL HEALTH TRENDS CORP Form 8-K							
May 08, 2013							
UNITED STATES							
SECURITIES AND EXCHANGE COMMISSION							
WASHINGTON, DC 20549							
FORM 8-K							
CURRENT REPORT PURSUANT							
TO SECTION 13 OR 15(D) OF THE							
SECURITIES EXCHANGE ACT OF 1934							
Date of report (Date of earliest event reported):	May 8, 2013						
Natural Health Trends Corp.							
(Exact Name of Registrant as Specified in Its Charter)							
Delaware							
(State or Other Jurisdiction of Incorporation)							
0-26272 59-2705336							
(Commission File Number) (IRS Employer Identification No.)							
4514 Cole Avenue, Suite 1400, Dallas, Texas 75205							
(Address of Principal Executive Offices)(Zip Code)							
(972) 241-4080							

(Registrant s Telephone Number, Including Area Code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2	2.02.	Results of	Operations	and Financial	Condition
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On May 8, 2013, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter ended March 31, 2013. The press release is attached hereto as exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

Press Release of Natural Health Trends Corp. dated May 8, 2013.

(a) Financial statements:

None

(b) Pro forma financial information:

None

(c) Shell company transactions:

None

(d) Exhibits

99.1 Press Release of Natural Health Trends Corp. dated May 8, 2013

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: May 8, 2013

NATURAL HEALTH TRENDS CORP.

By: /s/ Gary C. Wallace

Gary C. Wallace

General Counsel