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Schmelter Tri	iona										
Form 4	0										
April 02, 2019								OMB APPROVAL			
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									OMB Number:	3235-0287	
Check this box								Expires:	January 31,		
if no longer subject to Section 16. Form 4 or				SECUR	ITIES				Estimated a burden hour response	•	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type R	esponses)										
Schmelter Triona Symbol			Name and use Foods			ıg	5. Relationship of Issuer	ship of Reporting Person(s) to			
(Last)	(First) (N	/liddle)		use Foods, Inc. [THS] f Earliest Transaction				(Check all applicable)			
			Day/Year) 2019				Director 10% Owner Officer (give title Other (specify below) SVP, Division President				
			endment, Date Original				6. Individual or Joint/Group Filing(Check				
			Ionth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person				
OAK BROOK, IL 60523								Form filed by More than One Reporting Person			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)		ction Date 2A. Deemed Day/Year) Execution Date, if any (Month/Day/Year)			4. Securi n(A) or Di (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	OwnershipIndirectForm: DirectBeneficial(D) orOwnershipIndirect (I)(Instr. 4)(Instr. 4)		
G				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	03/29/2019			M <u>(1)</u>	1,830	А	\$0	5,952	D		
Common Stock	03/29/2019			F(2)	537	D	\$ 64.55	5,415	D		
Common Stock	03/31/2019			M <u>(1)</u>	423	А	\$0	5,838	D		
Common Stock	03/31/2019			F <u>(2)</u>	124	D	\$ 64.55	5,714	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	<u>(3)</u>	03/29/2019		А	5,190		(4)	(4)	Common Stock	5,190
Restricted Stock Unit	<u>(3)</u>	03/29/2019		M <u>(1)</u>		1,830	(5)	(5)	Common Stock	1,830
Restricted Stock Unit	(3)	03/31/2019		M <u>(1)</u>		423	(6)	(6)	Common Stock	423

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
Schmelter Triona 2021 SPRING RD SUITE 600 OAK BROOK, IL 60523			SVP, Division President				
Signatures							
Thomas E. O'Naill by power of	f						

Thomas E. O'Neill, by power of attorney

04/02/2019 Date

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Settlement of restricted stock units into shares of common stock.

(2) Shares withheld to satisfy minimum tax withholding requirements upon vesting of restricted stock units.

(3) Each restricted stock unit represents a contingent right to receive one share of common stock of TreeHouse Foods, Inc.

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- (4) The restricted stock units vest and settle in stock or cash in three approximately equal installments on each of the first three anniversaries of the grant date.
- (5) The grant date of the restricted stock units is March 29, 2018. The restricted stock units vest and settle in stock or cash in three approximately equal installments on each of the first three anniversaries of the grant date.
- (6) The grant date of the restricted stock units is March 31, 2017. The restricted stock units vest and settle in stock or cash in three approximately equal installments on each of the first three anniversaries of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.