## Edgar Filing: MCCANNA LAWRENCE E - Form 4

MCCANNA Form 4 June 05, 2009	LAWRENCE E											
									OMB A	PPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287			
Check this box if no longer STEATERMENTE OF CU						CIA			Expires:	January 31, 2005		
subject to Section 16	subject to STATEMENT OF CHANG				SENEFI ITIES	CIA	NEKSHIP OF	Estimated average burden hours per				
Form 4 or									response 0.			
Form 5 obligation may conti <i>See</i> Instru 1(b).	s Section 17(	a) of the H	Public Uti		ing Com	pany	Act o	ge Act of 1934, f 1935 or Sectio 40	n			
(Print or Type R	esponses)											
MCCANNA LAWRENCE E Syn			Symbol SINCLA	Name and				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (1	Middle)	INC [SB	-	maastion			X Director	100	6 Owner		
(1)			3. Date of Earliest Transaction (Month/Day/Year) 06/04/2009					Officer (give below)		er (specify		
(Street) 4. If Ar			4. If Amer	f Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
Filed(Mon BALTIMORE, MD 21201				Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
(City)		(Zip)						Person				
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if (Instr. 3) any		on Date, if	3.4. SecuritiesTransactionAcquired (A) orCodeDisposed of (D)(Instr. 8)(Instr. 3, 4 and 5)(A)				Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Class A Common Stock	06/04/2009			А	5,000 (1)	А	<u>(2)</u>	19,000 <u>(3)</u>	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Unde Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>		Relationsh	lips	
	Director	10% Owner	Officer	Other
MCCANNA LAWRENCE E 36 S CHARLES ST STE 1800 BALTIMORE, MD 21201	Х			
Signatures				

Lisa A. Olivieri, Esquire, on behalf of Lawrence E. McCanna, by Power of 06/05/2009 Attorney \*\*Signature of Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Issued pursuant to the Long Term Incentive Plan.
- (2) N/A
- (3) Mr. McCanna also directly owns 500 shares of Class A Common Stock in an IRA.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date