

ARC DOCUMENT SOLUTIONS, INC.
 Form 4
 March 21, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Roy Rahul K

2. Issuer Name and Ticker or Trading Symbol
 ARC DOCUMENT SOLUTIONS, INC. [ARC]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
 03/19/2014

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 Chief Technology Officer

C/O ARC DOCUMENT SOLUTIONS, INC., 1981 N. BROADWAY, SUITE 385

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

WALNUT CREEK, CA 94596

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock					43,253	D	
Common Stock	03/19/2014		M		501	A	\$ 5.852 43,754 D
Common Stock	03/19/2014		S		501	D	\$ 7.27 43,253 D
Common Stock	03/19/2014		M		200	A	\$ 5.852 43,453 D
	03/19/2014		S		200	D	\$ 7.28 43,253 D

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Common Stock							
Common Stock	03/19/2014	M	300	A	\$ 5.852	43,553	D
Common Stock	03/19/2014	S	300	D	\$ 7.285	43,253	D
Common Stock	03/19/2014	M	1,800	A	\$ 5.852	45,053	D
Common Stock	03/19/2014	S	1,800	D	\$ 7.29	43,253	D
Common Stock	03/19/2014	M	1,503	A	\$ 5.852	44,756	D
Common Stock	03/19/2014	S	1,503	D	\$ 7.3	43,253	D
Common Stock	03/19/2014	M	100	A	\$ 5.852	43,353	D
Common Stock	03/19/2014	S	100	D	\$ 7.305	43,253	D
Common Stock	03/19/2014	M	500	A	\$ 5.852	43,753	D
Common Stock	03/19/2014	S	500	D	\$ 7.31	43,253	D
Common Stock	03/19/2014	M	300	A	\$ 5.852	43,853	D
Common Stock	03/19/2014	S	300	D	\$ 7.315	43,253	D
Common Stock	03/19/2014	M	400	A	\$ 5.852	43,953	D
Common Stock	03/19/2014	S	400	D	\$ 7.32	43,253	D
Common Stock	03/19/2014	M	200	A	\$ 5.852	43,453	D
Common Stock	03/19/2014	S	200	D	\$ 7.325	43,253	D
Common Stock	03/19/2014	M	100	A	\$ 5.852	43,353	D
Common Stock	03/19/2014	S	100	D	\$ 7.35	43,253	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not

SEC 1474
(9-02)

required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		501		05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	501
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		200		05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	200
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		300		05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	300
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		1,800		05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	1,800
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		1,503		05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	1,503
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		100		05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	100
Stock Option (right to buy)	\$ 5.852	03/19/2014		X		500		05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	500

Stock Option (right to buy)	\$ 5.852	03/19/2014	X	300	05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	300
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	400	05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	400
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	200	05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	200
Stock Option (right to buy)	\$ 5.852	03/19/2014	X	100	05/01/2010 ⁽¹⁾	04/30/2014	Common Stock	100

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Roy Rahul K C/O ARC DOCUMENT SOLUTIONS, INC. 1981 N. BROADWAY, SUITE 385 WALNUT CREEK, CA 94596			Chief Technology Officer	

Signatures

/s/ Rahul K. Roy 03/20/2014

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of Stock Option Right to Buy, granted May 30, 2004, fully vested as of 5/01/2010.

Remarks:

3/19/2014 - FORM C

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.