

FIRST ALBANY COMPANIES INC  
 Form 4  
 November 15, 2006

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 Fox Gordon J

2. Issuer Name and Ticker or Trading Symbol  
 FIRST ALBANY COMPANIES INC [FACT]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)

\_\_\_ Director \_\_\_ 10% Owner  
 Officer (give title below) \_\_\_ Other (specify below)

Executive Managing Director

C/O FIRST ALBANY COMPANIES INC., 677 BROADWAY

11/15/2006

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

ALBANY, NY 12207

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
				Code	V	Amount	
Common Stock	11/13/2006		S	1,900	D	\$ 2.68	146,248 <sup>(1)</sup> D
Common Stock	11/13/2006		S	300	D	\$ 2.69	145,948 <sup>(1)</sup> D
Common Stock	11/13/2006		S	200	D	\$ 2.73	145,748 <sup>(1)</sup> D
Common Stock	11/13/2006		S	100	D	\$ 2.74	145,648 <sup>(1)</sup> D
Common Stock	11/14/2006		S	1,000	D	\$ 2.419	144,648 <sup>(1)</sup> D

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Common Stock	11/14/2006	S	1,500	D	\$ 2.41	143,148	D
Common Stock	11/14/2006	S	400	D	\$ 2.33	142,748 <sup>(1)</sup>	D
Common Stock	11/14/2006	S	1,368	D	\$ 2.31	141,380 <sup>(1)</sup>	D
Common Stock	11/14/2006	S	330	D	\$ 2.3	141,050 <sup>(1)</sup>	D
Common Stock	11/14/2006	S	670	D	\$ 2.309	140,380 <sup>(1)</sup>	D
Common Stock	11/14/2006	S	500	D	\$ 2.532	139,880 <sup>(1)</sup>	D
Common Stock	11/14/2006	S	1,000	D	\$ 2.431	138,880 <sup>(1)</sup>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Owned Following Transaction (Instr. 5)
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## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Fox Gordon J C/O FIRST ALBANY COMPANIES INC. 677 BROADWAY			Executive Managing Director	

ALBANY, NY 12207

## Signatures

Gordon J. Fox

11/15/2006

\_\_Signature of  
Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 96,580 shares of restricted stock granted under the Company's Long Term Incentive Plan, which are subject to certain vesting conditions through May 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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