

NASDAQ Premium Income & Growth Fund Inc.
Form N-Q
November 17, 2009

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM N-Q

**QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED
MANAGEMENT INVESTMENT COMPANY**

Investment Company Act file number 811-21983

Name of Fund: NASDAQ Premium Income & Growth Fund Inc. (QQQX)

Fund Address: 4 World Financial Center, 6th Floor, New York, New York 10080.

Name and address of agent for service: Justin C. Ferri, Chief Executive Officer, NASDAQ Premium Income &

Growth Fund Inc., 4 World Financial Center, 6th Floor, New York, New York 10080.

Registrant's telephone number, including area code: (877) 449-4742

Date of fiscal year end: 12/31/2009

Date of reporting period: 09/30/2009

Item 1 Schedule of Investments

NASDAQ Premium Income & Growth Fund Inc.

(Percentages shown are

Schedule of Investments as of September 30, 2009 (Unaudited)

Industry	Common Stocks	based on Net Assets	
		Shares	Value
Aerospace & Defense - 2.5%	Boeing Co.	7,506	\$ 406,450
	Ceradyne, Inc. (a)	21,583	395,616
	General Dynamics Corp.	4,841	312,729
	L-3 Communications Holdings, Inc.	37,820	3,037,702
	Lockheed Martin Corp.	6,743	526,493
	Precision Castparts Corp.	11,432	1,164,578
	United Technologies Corp.	5,834	355,466
			6,199,034
Airlines - 0.4%	SkyWest, Inc.	55,634	922,412
Biotechnology - 11.0%	Amgen, Inc. (a)	98,219	5,915,730
	Biogen Idec, Inc. (a)	65,468	3,307,443
	Celgene Corp. (a)	66,640	3,725,176
	Crucell NV (a)(b)	29,009	664,016
	Genzyme Corp. (a)	82,392	4,674,098
	Gilead Sciences, Inc. (a)	167,905	7,821,015
	OSI Pharmaceuticals, Inc. (a)	25,445	898,208
Capital Markets - 0.5%	Affiliated Managers Group, Inc. (a)	7,276	473,013
	Northern Trust Corp.	14,318	832,735
			1,305,748
Commercial Banks - 0.4%	East-West Bancorp, Inc.	29,989	248,909
	SVB Financial Group (a)	18,740	810,880
			1,059,789
Communications Equipment - 13.8%	ADC Telecommunications, Inc. (a)	42,679	355,943
	Cisco Systems, Inc. (a)	494,400	11,638,176
	Comtech Telecommunications Corp. (a)	23,666	786,184
	JDS Uniphase Corp. (a)	75,832	539,166
	QUALCOMM, Inc.	317,319	14,273,009
	Research In Motion Ltd. (a)	95,929	6,480,004
			34,072,482
Computers & Peripherals - 17.8%	Apple, Inc. (a)	216,171	40,071,618
	Dell, Inc. (a)	122,928	1,875,881
	International Business Machines Corp.	9,113	1,090,006
	NCR Corp. (a)	17,402	240,496
	Teradata Corp. (a)	20,117	553,620
			43,831,621
Diversified Consumer Services - 0.3%	ITT Educational Services, Inc. (a)	5,590	617,192
Diversified Financial Services - 0.3%	The NASDAQ Stock Market, Inc. (a)	40,824	859,345
Electronic Equipment, Instruments & Components - 0.9%	Electro Scientific Industries, Inc. (a)	36,620	490,342
	National Instruments Corp.	23,327	644,525
	Smart Modular Technologies WWH, Inc. (a)	71,146	338,655
	Trimble Navigation Ltd. (a)	27,904	667,185
			2,140,707
Energy Equipment & Services - 0.2%	Hercules Offshore, Inc. (a)	82,575	405,443
Food & Staples Retailing - 0.6%	The Kroger Co.	15,762	325,328
	Walgreen Co.	27,865	1,044,102
			1,369,430
Health Care Equipment & Supplies - 0.3%	ArthroCare Corp. (a)	19,028	387,981
	Kinetic Concepts, Inc. (a)	10,784	398,792
			786,773
Health Care Providers & Services - 1.6%	Express Scripts, Inc. (a)	40,046	3,106,769
	Lincare Holdings, Inc. (a)	28,150	879,687
			3,986,456
Health Care Technology - 0.4%	Quality Systems, Inc.	17,733	1,091,821

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Hotels, Restaurants & Leisure - 0.3%	Darden Restaurants, Inc.	12,764	\$ 435,635
	McDonald's Corp.	7,249	413,700
			849,335
Household Durables - 0.1%	Mohawk Industries, Inc. (a)	5,638	268,876
IT Services - 1.3%	Affiliated Computer Services, Inc., Class A (a)	23,159	1,254,523
	CSG Systems International, Inc. (a)	35,364	566,178
	Computer Sciences Corp. (a)	25,014	1,318,488
Insurance - 1.1%			3,139,189
	Arch Capital Group Ltd. (a)	32,719	2,209,841
	CNA Financial Corp.	15,895	383,705
			2,593,546
Internet & Catalog Retail - 1.9%	Amazon.com, Inc. (a)	50,503	4,714,960
Internet Software & Services - 6.9%	eBay, Inc. (a)	198,426	4,684,838
	Google, Inc., Class A (a)	23,758	11,780,404
	Sohu.com, Inc. (a)	8,531	586,762
			17,052,004
Life Sciences Tools & Services - 1.4%	Life Technologies Corp. (a)	74,906	3,486,874
Machinery - 1.0%	Eaton Corp.	24,371	1,379,155
	Middleby Corp. (a)	16,835	926,093
	Terex Corp. (a)	10,253	212,545
			2,517,793
Media - 1.4%	Cablevision Systems Corp., Class A	23,687	562,566
	Central European Media Enterprises Ltd., Class A (a)	6,777	232,112
	Liberty Media Corp. - Entertainment, Class A (a)	41,839	1,301,611
	Liberty Media Holding Corp. - Capital (a)	27,929	584,275
	Omnicom Group Inc.	8,847	326,808
	Scholastic Corp.	20,352	495,368
			3,502,740
Metals & Mining - 0.6%	Freeport-McMoRan Copper & Gold, Inc., Class B	12,975	890,215
	Nucor Corp.	13,556	637,268
			1,527,483
Oil, Gas & Consumable Fuels - 0.1%	Chevron Corp.	4,866	342,712
Personal Products - 0.6%	Chattem, Inc. (a)	9,759	648,095
	USANA Health Sciences, Inc. (a)	21,952	748,783
			1,396,878
Pharmaceuticals - 3.1%	Forest Laboratories, Inc. (a)	12,280	361,523
	GlaxoSmithKline Plc (b)	9,678	382,378
	Teva Pharmaceutical Industries Ltd. (b)	135,673	6,859,627
			7,603,528
Real Estate Investment	Boston Properties, Inc.	8,441	553,308
Trusts (REITs) - 0.3%	ProLogis	11,397	135,852
			689,160
Road & Rail - 0.1%	CSX Corp.	6,832	285,988
Semiconductors & Semiconductor Equipment - 9.6%	ASML Holding NV (b)	138,211	4,086,899
	Cabot Microelectronics Corp. (a)	31,895	1,111,860
	Diodes, Inc. (a)	48,631	879,735
	Integrated Device Technology, Inc. (a)	90,965	614,923
	Intel Corp.	495,630	9,699,479
	International Rectifier Corp. (a)	18,894	368,244
	Intersil Corp., Class A	54,615	836,156
	MEMC Electronic Materials, Inc. (a)	16,786	279,151
	Microsemi Corp. (a)	40,888	645,621
	Texas Instruments, Inc.	106,940	2,533,409

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	Varian Semiconductor Equipment Associates, Inc. (a)	11,714	\$ 384,688
	Xilinx, Inc.	62,205	1,456,841
	Zoran Corp. (a)	62,924	724,884
			23,621,890
Software - 17.2%	Adobe Systems, Inc. (a)	209,990	6,938,070
	Ansys, Inc. (a)	17,096	640,587
	Factset Research Systems, Inc.	15,624	1,034,934
	McAfee, Inc. (a)	26,561	1,163,106
	Microsoft Corp.	601,028	15,560,615
	Oracle Corp.	511,182	10,653,033
	SAP AG (b)	27,934	1,365,135
	SPSS, Inc. (a)	25,222	1,259,839
	Symantec Corp. (a)	184,386	3,036,837
	Synopsys, Inc. (a)	27,205	609,936
			42,262,092
Specialty Retail - 2.3%	Jos. A. Bank Clothiers, Inc. (a)	53,929	2,414,401
	Ross Stores, Inc.	12,648	604,195
	Staples, Inc.	92,165	2,140,071
	Tiffany & Co.	14,496	558,531
			5,717,198
Textiles, Apparel & Luxury Goods - 0.7%	Nike, Inc., Class B	19,177	1,240,752
	Phillips-Van Heusen Corp.	10,183	435,731
			1,676,483
Trading Companies & Distributors - 0.1%	Houston Wire & Cable Co.	24,528	271,034
	Total Investments Before Options Written		
	(Cost - \$236,887,527*) - 101.1%		249,173,702
		Number of	
		Contracts	
Call Options Written	Options Written		
	NASDAQ Index 100, expiring		
	October 2009 at USD 1,600	100	(1,256,000)
	NASDAQ Index 100, expiring		
	October 2009 at USD 1,750	100	(183,000)
	NASDAQ Index 100, expiring		
	October 2009 at USD 1,800	100	(50,500)
	NASDAQ Index 100, expiring		
	November 2009 at USD 1,775	150	(499,500)
	NASDAQ Index 100, expiring		
	December 2009 at USD 1,650	100	(1,187,000)