

BIRKS & MAYORS INC.  
Form 6-K  
September 30, 2009

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
**WASHINGTON, D.C. 20549**

**FORM 6-K**

**REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE  
13a-16 OR 15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934**

**For the month of September, 2009**

**Commission file number: 001-32635**

**BIRKS & MAYORS INC.**

**(Translation of registrant's name into English)**

**1240 Phillips Square**

**Montreal Québec**

**Canada**

**H3B 3H4**

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(Address of principal executive office)

**Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.**

Form 20-F     Form 40-F

**Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):**

**Note:** Regulation S-T Rule 101(b)(1) only permits the submission in paper of a Form 6-K if submitted solely to provide an attached annual report to security holders.

**Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):**

**Note:** Regulation S-T Rule 101(b)(7) only permits the submission in paper of a Form 6-K if submitted to furnish a report or other document that the registrant foreign private issuer must furnish and make public under the laws of the jurisdiction in which the registrant is incorporated, domiciled or legally organized (the registrant's home country), or under the rules of the home country exchange on which the registrant's securities are traded, as long as the report or other document is not a press release, is not required to be and has not been distributed to the registrant's security holders, and, if discussing a material event, has already been the subject of a Form 6-K submission or other Commission filing on EDGAR.

**Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.**

Yes     No

If  Yes is marked, indicated below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-

**Submission of Matters to a Vote of Security Holders.**

On September 22, 2009, the Annual Meeting of Shareholders (the Meeting ) of Birks & Mayors Inc. (the Company ) was held in Montreal, Quebec. The shareholders of record at the close of business on August 26, 2009 (the Record Date ) were entitled to vote at the Meeting. As of the Record Date, the Company had 3,672,407 Class A voting shares outstanding (entitle holder to one vote per share), 7,717,970 Class B multiple voting shares outstanding (entitle holder to 10 votes per share) and no preferred shares outstanding.

The shareholders of the Company elected as directors Dr. Lorenzo Rossi Di Montelera, Thomas A. Andruskevich, Emily Berlin, Shirley A. Dawe, Elizabeth M. Eveillard, Ann Spector Lief, Peter R. O Brien, Filippo Recami and Louis L. Roquet to hold office until the next succeeding annual meeting of shareholders of the Company or until their successors are elected or appointed. The election of directors by the shareholders was by the following votes (there were no broker non-votes with respect to this proposal):

<b>Name</b>	<b>Votes For</b>	<b>Votes Withheld</b>
Dr. Lorenzo Rossi Di Montelera	79,928,387	97,013
Thomas A. Andruskevich	79,926,775	98,625
Emily Berlin	79,927,549	97,851
Shirley A. Dawe	79,928,275	97,125
Elizabeth M. Eveillard	79,927,549	97,851
Ann Spector Lief	79,927,480	97,920
Peter R. O Brien	79,928,275	97,125
Filippo Recami	79,928,379	97,021
Louis L. Roquet	79,928,275	97,125

The shareholders authorized the appointment of KPMG LLP as the Company s independent auditors and authorized the directors to fix KPMG LLP s remuneration by a vote of 79,961,053 shares in favor, no shares against and 64,347 shares abstaining. There were no broker non-votes with respect to this proposal.

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

BIRKS & MAYORS INC.  
(Registrant)

By: */s/ MIRANDA MELFI*  
**Miranda Melfi**  
**Group Vice President, Legal Affairs and Corporate Secretary**

Date: September 30, 2009