L 3 COMMUNICATIONS HOLDINGS INC

Form 4 July 31, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average burden hours per

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response... 0.5

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * STRIANESE MICHAEL T			2. Issuer Name and Ticker or Trading Symbol L 3 COMMUNICATIONS HOLDINGS INC [LLL]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (Oate of Earliest Transaction onth/Day/Year)				X Director 10% Owner X Officer (give title Other (specify below)			
	OMMUNICATIO TION, 600 THIR	~ .	07/29/2013				Chairman, President and CEO			
	(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
NEW YOR	K, NY 10016						Form filed by M Person	More than One Re	porting	
(City)	(State)	(Zip)	Table I - Non-	Derivative	Secur	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) Execution Date any (Month/Day/		Code	4. Securition(A) or Di (Instr. 3,	sposed	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. 7. Nature of Ownership Indirect Form: Direct Beneficial (D) or Ownership Indirect (I) (Instr. 4)		
			Code V	7 Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	07/29/2013		S	20,000	D	\$ 92.06 (1)	140,897 <u>(5)</u> <u>(6)</u>	D		
Common Stock	07/29/2013		M	18,300	A	\$ 69.18	159,197 <u>(5)</u> <u>(6)</u>	D		
Common Stock	07/29/2013		S	18,300	D	\$ 91.89 (2)	140,897 <u>(5)</u> <u>(6)</u>	D		
Common	07/29/2013		M	20,873	A	\$	161,770 (5)	D		

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Stock					71.81	<u>(6)</u>	
Common Stock	07/29/2013	S	20,873	D	\$ 91.89 (3)	140,897 <u>(5)</u> <u>(6)</u>	D
Common Stock	07/30/2013	M	31,700	A	\$ 69.18	172,597 <u>(5)</u> <u>(6)</u>	D
Common Stock	07/30/2013	S	31,700	D	\$ 92.53 (4)	140,897 <u>(5)</u> <u>(6)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exer Expiration D (Month/Day)	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
8/2/2006 Employee Stock Option (Right to Buy)	\$ 69.18	07/29/2013		M		18,300	<u>(7)</u>	08/02/2016	Common Stock	18,300
7/12/2005 Employee Stock Option (Right to Buy)	\$ 71.81	07/29/2013		M		20,873	<u>(7)</u>	07/12/2015	Common Stock	20,873
8/2/2006 Employee Stock Option (Right to Buy)	\$ 69.18	07/30/2013		M		31,700	<u>(7)</u>	08/02/2016	Common Stock	31,700

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X

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

STRIANESE MICHAEL T C/O L-3 COMMUNICATIONS CORPORATION 600 THIRD AVENUE NEW YORK, NY 10016

Chairman, President and CEO

Signatures

/s/ Allen E. Danzig as Attorney-in-Fact

07/31/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents weighted average sale price for price increments ranging from \$91.50 to \$92.27. The Reporting Person undertakes to provide, upon request by the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- Represents weighted average sale price for price increments ranging from \$91.70 to \$92.01. The Reporting Person undertakes to provide,
- (2) upon request by the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- Represents weighted average sale price for price increments ranging from \$91.58 to \$92.01. The Reporting Person undertakes to provide,
- (3) upon request by the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
 - Represents weighted average sale price for price increments ranging from \$91.76 to \$92.76. The Reporting Person undertakes to provide,
- (4) upon request by the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares sold at each separate price.
- (5) Does not include shares issuable upon the exercise of options.
- (6) Reflects additional shares acquired through the Company's Master Savings (401(k)) Plan.
- (7) This option vests annually in equal one-third increments beginning on the one-year anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3