

Holland E J Jr
 Form 4
 April 22, 2008

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
 Expires: January 31, 2005
 Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Holland E J Jr

(Last) (First) (Middle)
 5454 W. 110TH STREET
 (Street)

OVERLAND PARK, KS 66211

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
 Embarq CORP [EQ]

3. Date of Earliest Transaction (Month/Day/Year)
 04/18/2008

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 SVP-HR & Communications

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	04/18/2008		M ⁽¹⁾	12,428	A \$ 0	18,774	D
Common Stock	04/18/2008		F ⁽²⁾	4,156	D \$ 38.96	14,618	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Pr Deriv Secur (Instr. 3 and 4)	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Units	\$ 0	04/18/2008		M	8,274	(3)	(3)	Common Stock	8,274
Restricted Stock Units	\$ 0	04/18/2008		M	3,865	(4)	(4)	Common Stock	3,865
Restricted Stock Units	\$ 0	04/18/2008		M	289	(5)	(5)	Common Stock	289

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Holland E J Jr 5454 W. 110TH STREET OVERLAND PARK, KS 66211			SVP-HR & Communications	

Signatures

Jeffrey M. Johns,
attorney-in-fact

04/22/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Upon vesting of restricted stock units, an equivalent number of shares of Embarq common stock were delivered to the reporting person.
 - (2) Represents shares withheld by Embarq Corporation to satisfy minimum statutory withholding requirements upon vesting of restricted stock units.
 - (3) Award became fully vested and shares were delivered to Mr. Holland immediately after his 65th birthday pursuant to the terms of the award agreement. Award was granted on May 22, 2006. Original vesting schedule: Vests in 3 equal annual installments beginning on May 21, 2007.

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(4) Award became fully vested and shares were delivered to Mr. Holland immediately after his 65th birthday pursuant to the terms of the award agreement. Award was granted on July 28, 2006. Original vesting schedule: Vests in 2 equal annual installments beginning on February 7, 2008.

(5) Award became fully vested and shares were delivered to Mr. Holland immediately after his 65th birthday pursuant to the terms of the award agreement. Award was granted on February 21, 2007 as a performance adjustment to RSUs granted on July 28, 2006. Original vesting schedule: Vests in 2 equal annual installments beginning on February 7, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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