

Schneider Ryan M.
Form 3
December 12, 2007

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â Schneider Ryan M.		(Month/Day/Year)	CAPITAL ONE FINANCIAL CORP [COF]	
(Last)	(First)	(Middle)	4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
1680 CAPITAL ONE DRIVE			(Check all applicable)	
(Street)			<input type="checkbox"/> Director	<input type="checkbox"/> 10% Owner
MCLEAN, VA 22102			<input checked="" type="checkbox"/> Officer	<input type="checkbox"/> Other
(City)	(State)	(Zip)	(give title below) (specify below)	
			President, Card	
			6. Individual or Joint/Group Filing(Check Applicable Line)	
			<input checked="" type="checkbox"/> Form filed by One Reporting Person	
			<input type="checkbox"/> Form filed by More than One Reporting Person	

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	41,392	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of	

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				Shares		(I) (Instr. 5)	
Employee Stock Option (Right to Buy)	01/25/2006	12/12/2011	Common Stock	1,597	\$ 83.96	D	Â
Employee Stock Option (Right to Buy)	07/26/2006	12/12/2011	Common Stock	834	\$ 84.62	D	Â
Employee Stock Option (Right to Buy)	08/02/2006	12/12/2011	Common Stock	971	\$ 82.84	D	Â
Employee Stock Option (Right to Buy)	01/27/2007	12/12/2011	Common Stock	3,098	\$ 77.28	D	Â
Employee Stock Option (Right to Buy)	01/27/2007	12/12/2011	Common Stock	2,915	\$ 77.28	D	Â
Employee Stock Option (Right to Buy)	01/25/2006	12/05/2012	Common Stock	142	\$ 83.96	D	Â
Employee Stock Option (Right to Buy)	07/26/2006	12/05/2012	Common Stock	1,238	\$ 84.62	D	Â
Employee Stock Option (Right to Buy)	01/27/2007	12/14/2013	Common Stock	1,155	\$ 77.28	D	Â
Employee Stock Option (Right to Buy)	02/07/2007	12/14/2013	Common Stock	5,056	\$ 78.24	D	Â
Employee Stock Option (Right to Buy)	04/26/2007	12/14/2013	Common Stock	945	\$ 82.3	D	Â
Employee Stock Option (Right to Buy)	08/08/2007	12/14/2013	Common Stock	2,210	\$ 82.1	D	Â
Employee Stock Option (Right to Buy)	Â <u>(1)</u>	03/14/2015	Common Stock	15,650	\$ 78.71	D	Â
Employee Stock Option (Right to Buy)	Â <u>(2)</u>	03/02/2016	Common Stock	17,890	\$ 88.81	D	Â
Employee Stock Option (Right to Buy)	Â <u>(3)</u>	03/01/2017	Common Stock	26,650	\$ 76.79	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Schneider Ryan M. 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102	Â	Â	Â President, Card	Â

Signatures

/s/ Tangela S. Richter (POA on file) for Ryan M. Schneider 12/12/2007

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option became exercisable in 33 1/3% increments beginning on March 15, 2006 and annually thereafter.
- (2) This option became exercisable in 33 1/3% increments beginning on March 3, 2007 and annually thereafter.
- (3) This option becomes exercisable in 33 1/3% increments beginning on March 2, 2008 and annually thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.

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