#### HIRSCHMAN DOUGLAS CRAIG

Form 4

March 03, 2010

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB** Number:

January 31, Expires: 2005

**OMB APPROVAL** 

3235-0287

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or

**SECURITIES** Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Middle)

1(b).

(Last)

Form 5

(Print or Type Responses)

1. Name and Address of Reporting Person \* HIRSCHMAN DOUGLAS CRAIG Symbol

(First)

(Street)

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to

Issuer

URANERZ ENERGY CORP. [URZ]

(Check all applicable)

1898 FORT ROAD #22

3. Date of Earliest Transaction (Month/Day/Year)

Director 10% Owner X\_ Officer (give title Other (specify

03/03/2010

below) below) VP, Lands

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year) Applicable Line)

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

Person

SHERIDAN, WY 82801

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Month/Day/Year) (Instr. 3)

2. Transaction Date 2A. Deemed Execution Date, if

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of Securities Beneficially Owned Following

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial Ownership (I) (Instr. 4) (Instr. 4)

(A)

Reported Transaction(s)

(Instr. 3 and 4) Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3. Transaction Date 3A. Deemed 4. 5. Number of 6. Date Exercisable and 7. Title and Amou Derivative Conversion (Month/Day/Year) Execution Date, if **Transaction**Derivative **Expiration Date** Underlying Securi Security or Exercise any Code Securities Acquired (Month/Day/Year) (Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Instr. 8) (A) or Disposed of (D) (Instr. 3, 4, and 5)					
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Nun of S
Common share options	\$ 4.73	03/03/2010		J		50,000	07/09/2007	07/09/2012	Common shares	50,
Common shares	\$ 2.64	03/03/2010		J		25,000	01/07/2008	01/07/2013	Common shares	25,
Common share options	\$ 0.65	03/03/2010		J		30,000	01/05/2009	01/05/2014	Common shares	30,
Common share options	\$ 0.65	03/03/2010		J	30,000		01/05/2009	01/05/2019	Common shares	30,
Common share options	\$ 2.64	03/03/2010		J	25,000		01/07/2008	01/07/2018	Common shares	25,
Common share options	\$ 4.73	03/03/2010		J	50,000		07/09/2007	07/09/2017	Common shares	50,

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
entropy of the state of the sta	Director	10% Owner	Officer	Other			
HIRSCHMAN DOUGLAS CRAIG							
1898 FORT ROAD #22			VP, Lands				
SHERIDAN, WY 82801							

## **Signatures**

Douglas

Hirschman 03/03/2010

\*\*Signature of Person Date

\*\*Reporting Person

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

### **Remarks:**

The expiry period of Mr. Hirschman's options were extended to a period of ten years from the date of the original grant. This has Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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