#### LANDSTAR SYSTEM INC

Form 4

October 22, 2009

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

**OMB APPROVAL** 

Expires:

January 31, 2005

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response...

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

**SECURITIES** 

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MURPHY DIANA M			2. Issuer Name <b>and</b> Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer			
			LANDSTAR SYSTEM INC [LSTR]					(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction								
			(Month/Day/Year)					_X_ Director		Owner	
13410 SUTTON PARK DRIVE SOUTH			10/20/2009				į	Officer (give t below)	below)	er (specify	
(Street) 4. If Ar			4. If Amo	mendment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed() JACKSONVILLE, FL 32224				Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(C'+ )	(6, , )	(77. )						CISOII			
(City)	(State)	(Zip)	Tab	le I - Non-	Derivative	Secur	ities Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of	2. Transaction Da		med	3.			quired (A)	5. Amount of	6.	7. Nature of	
Security (Month/Day/Year) Execution			n Date, if	,				Securities Ownership Indirect Beneficially Form: Beneficia Owned Direct (D) Ownersh			
(Instr. 3)	3) any (Month/Day/Year)			Code (Instr. 3, 4 and 5) (Instr. 8)							
		(WIOIIII)1	Jay/ 1 cai)	(msu. o)				Following	or Indirect	(Instr. 4)	
						(4)		Reported	(I)	(======================================	
						(A)		Transaction(s)	(Instr. 4)		
				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	10/20/2009			M	36,000	A	\$ 8.0788	79,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 8.0788	10/20/2009		M	36,000	<u>(1)</u>	05/17/2011	Common Stock	36,000

# **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

MURPHY DIANA M 13410 SUTTON PARK DRIVE SOUTH X JACKSONVILLE, FL 32224

## **Signatures**

/s/ L. Kevin Stout, attorney-in-fact

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options became exercisable as to 12,000 on 5/17/2003 and 24,000 on 5/17/2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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