### MCCANN CHRISTOPHER G

Form 4

November 05, 2018

Check this box

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

**OMB APPROVAL** 

response...

if no longer subject to Section 16. Form 4 or Form 5

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person \* MCCANN CHRISTOPHER G

(First)

(Middle)

2. Issuer Name and Ticker or Trading Symbol

1 800 FLOWERS COM INC

[FLWS]

3. Date of Earliest Transaction

(Check all applicable)

5. Relationship of Reporting Person(s) to

\_X\_ Director X\_ Officer (give title below)

Issuer

X\_\_ 10% Owner \_\_ Other (specify

ONE OLD COUNTRY ROAD, SUITE 500

> (Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

(Month/Day/Year)

11/01/2018

6. Individual or Joint/Group Filing(Check

CEO and President

Applicable Line)

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

### CARLE PLACE, NY 11514

(City)	(State) (	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transactic Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Class A			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	11/01/2018		M	12,500	A	\$ 1.79	898,582	D	
Class A Common Stock	11/01/2018		S	12,500	D	\$ 11 (1)	886,082	D	
Class A Common Stock	11/01/2018		M	12,500	A	\$ 1.79	898,582	D	
Class A	11/01/2018		S	12,500	D	\$ 11	886,082	D	

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Common Stock					(2)			
Class A Common Stock	11/01/2018	F	20,383 (3)	D	\$ 13.7	865,699	D	
Class A Common Stock						172,944	I	I (4)
Class A Common Stock						263,881	I	I (4)
Class A Common Stock						278,000	I	I (4)
Class A Common Stock						110	I	I (5)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactiorDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 1.79	11/01/2018		M	12,500	<u>(6)</u>	10/26/2020	Class A Common Stock	12,500
Stock Option (Right to Buy)	\$ 1.79	11/01/2018		M	12,500	<u>(6)</u>	10/26/2020	Class A Common Stock	12,500

## **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

MCCANN CHRISTOPHER G
ONE OLD COUNTRY ROAD
SUITE 500
CARLE PLACE, NY 11514

# **Signatures**

/s/Christopher G.
McCann
11/05/2018

\*\*Signature of Reporting Date
Person

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares were disposed of in multiple transactions with a price of \$11.00.
- (2) The shares were disposed of in multiple transactions with a price of \$11.00.
- Transaction is a deemed disposition that is exempt under Section 16(b) of the Exchange Act consisting of the withholding for tax purposes of shares of Common Stock by the Company upon vesting of restricted shares of Common Stock.
- (4) Shares held by a Grantor Retained Annuity Trust of which Reporting Person is the Trustee.
- (5) Shares held by Reporting Person as custodian for his son.
- (6) The options were granted on 10/26/2010 and vested ratably over 8 years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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