1800 FLOWERS COM INC

Form 4

December 16, 2008

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB

3235-0287 Number: January 31,

2005 Estimated average

burden hours per response... 0.5

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Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * GALLAGHER GERARD M

(First)

(Middle)

2. Issuer Name and Ticker or Trading Symbol

1 800 FLOWERS COM INC

[FLWS]

3. Date of Earliest Transaction

(Month/Day/Year) 09/15/2005

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Director 10% Owner Other (specify _X__ Officer (give title below)

General Counsel and SVP

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

CARLE PLACE, NY 11801

ONE OLD COUNTRY ROAD

(City)	(State)	Zip) Table	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed	of, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5)			of	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Class A Common Stock	09/15/2005		A	2,525	A	\$0	2,525	D	
Class A Common Stock	10/13/2005		A	8,250	A	\$0	16,500	I	By Gallagher Walker Bianco & Plastaras (1)
Class A Common Stock	10/27/2008		A	25,000	A	\$0	41,500	I	By Gallagher Walker Bianco &

Plastaras (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Der Sec	Fitle of rivative curity str. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	/Year) Execution Date, if TransactionDerivative any Code Securities (Month/Day/Year) (Instr. 8) Acquired (A)		Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,	6. Date Exerc Expiration D (Month/Day/	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		} (
					Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Op	ock otion ight to	\$ 6.52	10/13/2005		A	25,000	(2)	10/13/2015	Class A Common Stock	25,000	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

GALLAGHER GERARD M ONE OLD COUNTRY ROAD CARLE PLACE, NY 11801

General Counsel and SVP

Signatures

/s/ GERARD M. 12/16/2008 GALLAGHER

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Holder granted the award under the Company's 2003 Long Term Incentive and Share Award Plan. Securities held by Holder in his capacity as a partner of Gallagher, Walker, Bianco & Plastaras. Holder maintains sole voting and investment power over the securities.
- (2) Options granted under the Company's 2003 Long Term Incentive and Share Award Plan. Option currently exercisable with respect to 15,000 shares of Class A Common Stock and will become exercisable with respect to 5,000 shares of Class A Common Stock on each of

Reporting Owners 2

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October 13, 2009 and October 13, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.