

LEADING BRANDS INC  
Form 6-K  
May 30, 2018

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**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
Washington, D.C. 20549

**FORM 6-K**

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 OF THE  
SECURITIES EXCHANGE ACT OF 1934

For the month of May 2018

Commission File Number: 000-19884

**LEADING BRANDS, INC.**

(Registrant)

**33 West 8<sup>th</sup> Avenue Unit 101,  
Vancouver, British Columbia V5Y 1M8 Canada**

(Address of Principal Executive Offices)

(Indicate by check mark whether the Registrant files or will file annual reports under cover of Form 20-F or Form 40-F.)

Form 20-F  Form 40-F

(Indicate by check mark whether the Registrant by furnishing the information contained in this form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.)

Yes  No

(If Yes is marked, indicate below the file number assigned to the Registrant in connection with Rule 12g3-2(b).)

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Attached hereto and incorporated by way of reference herein is the following exhibit:

**SUBMITTED HEREWITH**

Exhibits

99.1 News Release Dated May 29, 2018

This Report on Form 6-K is incorporated by reference into the registration statement on Form F-3, File No. 333-146271, and into the prospectus that forms a part of that registration statement, and to be a part thereof from the date on which this Report is submitted, to the extent not superseded by documents or reports subsequently filed or furnished.

This Form 6-K is hereby filed and incorporated by reference into the registrant's Registration Statements on Form S-8 (File Nos. 333-175241 and 333-101555).

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**LEADING BRANDS, INC.**  
(Registrant)

Date May 29, 2018

By *Ralph McRae*  
(Signature)

Ralph McRae

Chairman and CEO

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