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GRIFFIN LAND & NURSERIES INC Form 8-K June 09, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K Current Report Pursuant to Section 13 or 15 (d) of the Securities Exchange Act of 1934

June 9, 2006 (Date of earliest event reported)

GRIFFIN LAND & NURSERIES, INC.

(Exact name of registrant as specified in charter)

Delaware
(State or other jurisdiction of incorporation or organization)

Commission File Number

06-0868496
(IRS Employer Identification Number)

1-12879

One Rockefeller Plaza, New York, New York
(Address of principal executive offices)

10020
(Zip Code)

Registrant's Telephone Number including Are (212) 218-7910 Code

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

[]	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
[]	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
[]	Pre-commencement communications pursuant to Rule 14d-2 (b) under the Exchange Act (17 CFR 240.14d-2(b))
[]	Pre-commencement communications pursuant to Rule 13e-4 (c) under the Exchange Act (17 CFR 240.13e-4(c))

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<u>Item 7.01.</u> <u>Regulation FD Disclosure</u>

On June 9, 2006, the Registrant issued a press release announcing that its real estate division, Griffin Land, had completed the previously announced sale of approximately 130 acres of undeveloped land in the New England Tradeport, Griffin Land's 600 acre industrial park located in Windsor and East Granby, Connecticut. Attached as Exhibit 99.1 to the Report is the Registrant's June 9, 2006 press release, which is hereby incorporated herein by reference.

Item 9.01. Financial Statements and Exhibits

Exhibit 99.1: Registrant's June 9, 2006 Press Release (attached hereto).

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

GRIFFIN LAND & NURSERIES, INC.

/s/ Anthony J. Galici Anthony J. Galici Vice President, Chief Financial Officer and Secretary

Dated: June 9, 2006